



## DUOLIFE Catalogue

Make every day unique...

EN



## Key



IHHP™ fixation



concentrated  
formula



proprietary  
formula



free of any corrosive  
substances or  
aggressive chemicals



gluten-free



resistance during  
passage through the  
digestive tract



powered by  
the nature



preservative  
and GMO-free



optimal strain  
protection



umbrella  
brand



BPA-free



concentrated  
formula



100% natural  
ingredients



lactose-free  
product



perfect  
for cooking



special glass bottle  
for pharmaceutical  
purposes



no added  
sugar



the product contains  
only natural colourants



source of fibre  
and full grain



handmade



product for vegans  
and vegetarians



environmentally  
sound



safe for  
the skin



high bioavailability



lutein to zeaxanthin  
ratio: 5:1



clinically tested  
ingredients



convenient form  
of sachets

Let your every day  
be a **special day...**

If you are holding this catalogue in your hands, it means that the values important to you match DUOLIFE values. It is also a sign that you want to care consciously about what is most precious to you: your health and the health of those who are close to you, and you want to create the best conditions for achieving the set objectives. Excellent choice - in DUOLIFE all this is really possible.



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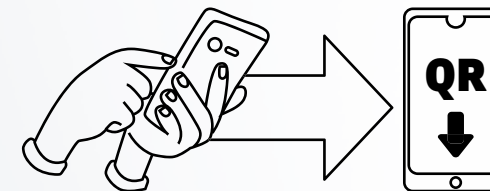




## QR code instruction

Using the QR codes, you will learn more about all details of the products, history, mission and values pursued in DUOLIFE. The codes that are added to the catalogue will allow you to open specially prepared tabs with additional information on the smartphone or any other mobile device. To view the tabs, download an application for scanning QR codes, start it, scan the code from the catalogue, and enter the fascinating DUOLIFE world!

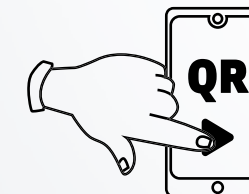
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Download the application

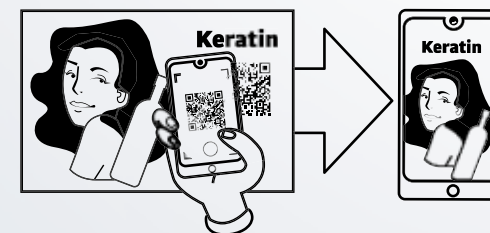


2



Start the application

3



Scan the code



## Health Fashion

The way our modern world is organised has made health and vitality become trendy. Increased awareness has contributed to changing human needs: more and more people are looking for products that support their health and keep their body fit. DUOLIFE addresses those needs!

## Be trendy - be healthy!

More and more people all over the world are aware of how important it is to care about your health. This is influenced by development of science and definitely easier access to information than in the past. Those factors cause that the new trend, i.e. health fashion, is becoming increasingly popular.

DUOLIFE greatly contributes to development of this trend, producing innovative and natural dietary supplements, cosmetics, healthy food and environmentally friendly cleaning products. Additionally, in cooperation with the World Healthy Living Foundation, DUOLIFE organises pro-health Social Campaign 'I live Consciously', and promotes 5S Strategy, which attracts more and more enthusiasts.



**Physical fitness**



**Conscious nutrition**



**Stress management,  
i.e. work with your mind**



**Efficient  
cleansing**



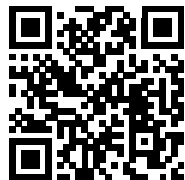
**Natural supplementation**



## Health

Health, supported with the use of unique dietary supplements, is the first of the DUOLIFE pillars. Their quality and effectiveness will not build your business, but they will become its foundation. Understanding the need of regular dietary supplementation and the resulting strength and wellbeing will empower you share your story.

Scan QR code for more information



The most important pillars in human life.

Health

Business

Development

## Take care of what's the most important!

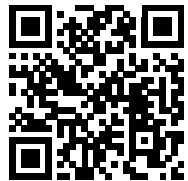
Nowadays, in our world full of challenges and tasks done in a constant rush, it is easy to forget about such an important thing as caring about your health. And it is health that is the highest value, which must be looked after every day, regardless of the circumstances.

The DUOLIFE Company, produces exceptionally effective dietary supplements that address the needs of the contemporary world. People all around the world need top quality products, to take proper care of the condition of their body. Everything they need, they find in DUOLIFE.

## Business

Financial opportunities are available to everyone thanks to the unique DUOLIFE Compensation Plan, which is the second DUOLIFE pillar. You will quickly reach the conclusion that the most profitable business practice for now and for the future is to share your experiences and invite people to become DUOLIFE Members of your team.

Scan QR code for more information



The most important pillars in human life.

Health

**Business**

Development

Softmarketing<sup>®</sup>,  
i.e. safe business, innovation and passion.

Softmarketing<sup>®</sup>, is an innovative business model on which the success of DUOLIFE is based, it is a revolution in business thinking. It is a response to the requirements of a dynamically changing market, which is the best alternative to other forms of business activity and full-time employment.

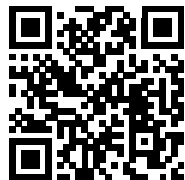
Softmarketing<sup>®</sup>, DUOLIFE develops rapidly, attracting individuals all walks of life and diverse business backgrounds. Each individual, no matter what their position, business or financial status has a much better opportunity to achieve real success.



## Development

Personal development is the third DUOLIFE pillar, which is supported by the Personal Excellence Network platform (PEN). Global development programs are dedicated to DUOLIFE Club Leaders and they accompany them at each stage of development of their business. Therefore, Leaders can fully realise their potential and the potential of Club Members from within their organisations. Due to systematic, planned development, Leaders become very effective in a relatively short time. The whole process takes place under a watchful eye of experts responsible for PEN programs.

Scan QR code for more information



The most important pillars in human life.

Health

Business

Development

## Change your life for the better!

In addition to great business opportunities, DUOLIFE also provides a chance to enhance personal skills and acquire new abilities. By prioritizing personal development, the company aims to educate and promote individuals associated with the DUOLIFE Club, thus creating ideal conditions for improving the quality of life.

DUOLIFE Club Members can take care of their personal development by participating in events such as the Today for Tomorrow | International Convention, Business Development Seminars International Online and softmarketing® Leaders Camp Online. There, under the watchful eye of top specialists, they will learn the secrets of being an effective leader and, above all, continuously deepen their knowledge while gaining a fresh dose of essential inspiration and motivation.



## Co-founders and the Supervisory Board of DUOLIFE S.A.

DUOLIFE is made up of people to whom the Company is a true passion. They keep saying that if you do what you love, then you're actually never at work. The co-founders joined their passions and together they translated them into a business based on strong foundations, creating softmarketing® - an innovative business model, which puts individual human dreams, talents and abilities in the centre. This is why you can meet them so often among people - Club Members and employees, with whom they build together the future of DUOLIFE.

Scan QR code for  
more information



Bartosz Królikowski

Co-founder, President of  
DUOLIFE S.A. Management Board



Łukasz Godyń

Co-founder, Vice-President of  
DUOLIFE S.A. Management Board



Norbert Janeczek

Co-founder, Chairman of  
DUOLIFE S.A. Supervisory Board



Piotr Pacyga

Co-founder, Vice-Chairman of  
DUOLIFE S.A. Supervisory Board



Ludwik Sobolewski

Member of the Supervisory  
Board DUOLIFE S.A.

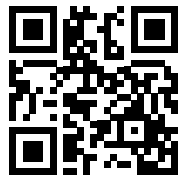


## DUOLIFE Scientific Council

DUOLIFE Scientific Council is composed of the best experts in natural and academic medicine, people with passion for healthy lifestyle, with outstanding scientific achievements, who want to share the knowledge gained over the years.

The mutual objective adopted by Members of DUOLIFE Scientific Council is to create dietary supplements which combine benefits and wisdom of nature with the latest medical discoveries, thus being a response to the most current human needs.

Scan QR code for more information



**dr h.c.**

**Piotr Kardasz**

Chairman of DUOLIFE Scientific Council

Biologist, teacher, journalist, author of many educational and scientific publications and films. Author of a scientific paper on phytoremediation and winner of 'Eureka 2003' prize.



**prof. dr hab. n. med.**

**Waldemar Hładki**

Member of DUOLIFE Scientific Council

Associate Professor of Chair of Anaesthesiology and Intensive Therapy of Collegium Medicum of the Jagiellonian University.



**prof. dr n. med.**

**Witold Furgał**

Member of DUOLIFE Scientific Council

Medical doctor, specialist in internal disease, sports medicine and medical rehabilitation. Dean of the Health Sciences Department, professor of Vincent Pol University in Lublin.



**prof. dr hab. n. farm**

**Ilona Kaczmarczyk-Sedlak**

Member of DUOLIFE Scientific Council

Head of the Chair of Pharmacognosy and Phytochemistry of the Silesian Medical University, pharmacist, expert pharmacologist.



**prof. dr hab.**

**Janusz Solski**

Member of DUOLIFE Scientific Council

Head of the Chair and Department of Laboratory Diagnostics of the Medical University in Lublin, clinical biochemist, Professor of MU Lublin and University of Information Technology and Management in Rzeszów.



**prof. dr hab.**

**Mieczysław Pasowicz**

Member of DUOLIFE Scientific Council

President of the Polish Associations of Hospital Heads, in the years 2005-2010 he was also a member of the Management Board of International Forum Gastein. Associate Professor of the Andrzej Frycz Modrzewski Cracow University.



**prof. dr hab.**  
**Oleg Pokotylo**

Member of DUOLIFE Scientific Council  
Head of the Department of Biotechnology and Chemistry of Food Ternopil National Ivan Pul'uj Technical University, Member of Experts' Council of Biological Sciences and Superior Certification Commission of the Ministry of Education and Science in Ukraine.



**prof. dr hab. n. med.**  
**Andrzej Ziemba**

Member of DUOLIFE Scientific Council  
Director of the Mirosław Mossakowski Institute of Experimental and Clinical Medicine of the Polish Academy of Sciences in 2014-2015.



**dr n. med.**  
**Maria Bortel-Badura**

Member of DUOLIFE Scientific Council  
Specialist in clinical pharmacology and internal disease doctor of the Medicine Department of the Silesian Medical University in Katowice. Coordinator of Clinical Tests and Medical Director of the biggest international pharmaceutical consortiums.

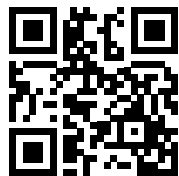




## DUOLIFE focuses on the top quality

DUOLIFE, being aware of the resulting responsibility, creates products which are bought by thousands of people all over the world. Every day, the Company makes all efforts that those products meet even the most restrictive EU standards and requirements.

Scan QR code for more information



## 5 DUOLIFE production rules

DUOLIFE brand is distinctive through:



### No preservatives

DUOLIFE products are not subject to high-temperature processing and they do not contain preservatives, thanks to which they retain their natural biological parameters.



### GMO-free

In the production process, DUOLIFE uses only natural materials from certified plantations across the globe, categorically rejecting their modified species (GMO), and the use of pesticides or herbicides.



### Glass containers

DUOLIFE products in a liquid form are stored only in glass packaging. Glass is the cleanest and environmentally friendly material, which does not enter into any chemical reactions with other products. DUOLIFE liquid dietary supplements are encapsulated only in dark-brown glass, which ensures their best protection.



### IHHP™ Method

The method of preserving dietary supplements with IHHP™ technology is based on the concept of „minimal processing“. The applied technological process is based on the synergy of the performance of many fixative agents. It allows to maintain the highest quality of a product without the use of preservatives.



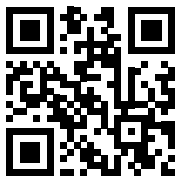
### Complete ingredients

In the production process, DUOLIFE uses natural ingredients, retaining their biological background. This allows to obtain full bioavailability of active ingredients, which demonstrate the highest absorption.

## Prizes and awards

An acknowledgement of the quality of DUOLIFE dietary supplements and an exceptional form of appraising the values of the Company are prestigious prizes and awards. DUOLIFE brand has been awarded many times for its contribution to development of economy, production of trustworthy preparations, which are manufactured according to the highest standards, and modern and competitive operations both on the Polish and foreign markets. All the prizes and awards confirm that DUOLIFE is a stable, reliable and pro-consumer Company where the key standards and values are followed.

Scan QR code for more information



Quality of the Year  
2013 / 2015 / 2021



Eco Quality of the Year  
2015



Golden Otis Award  
2016 Edition



Green  
Certificate

**BFH** | Business For Home  
DIRECT SELLING FACTS AND FIGURES & MLM NEWS

Wyróżnienie  
BFH Momentum



Success of the Year The Edition  
of 2014 and 2015



Business  
with heart



SPA Prestige  
Awards 2017



European Guarantee  
of Top Quality



GMO Free  
Quality Certificate



Cardiac Surgery  
Development Foundation



Consumer Laurel  
Discovery of 2015



Safety  
Certificate



Polish Chamber  
of Herbal Medicine



Trust Award  
Gold Otis



Gazele Biznesu  
2020 / 2021 / 2022



Highest Quality  
Guarantee Certificate



Preventive Healthcare  
Institute



European Centre of Quality and  
Promotion Certificate ISO 9001



European Centre of Quality and  
Promotion Certificate ISO 22000



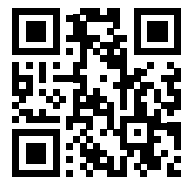
Forbes  
Diamond 2023



## Selected Strategic Partners

DUOLIFE Company, under active cooperation, provides its dietary supplements to the leading sports clubs in Poland and abroad. This is yet another proof confirming that DUOLIFE meets all the strictest quality standards. By supporting excellent sportsmen, including representatives of their countries in different sports disciplines, DUOLIFE makes a contribution to their success. This fact is a big distinction for the Company and the reason for their pride.

Scan QR code for more information



PZN  
Polish Ski Association



Dinamo



SC Polonia  
Wiesbaden



Cracovia  
Sports Club



Handball  
Koszalin



Sports Club  
MŠK Žilina



Śląsk Wrocław  
Handball

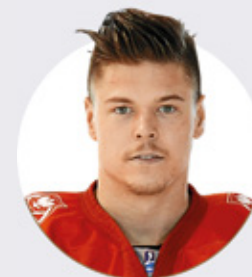


The Iceskater  
association



## Ambassadors

Many sports and entertainment stars fully trusted DUOLIFE products. The Ambassadors and Strategic Partners of the brand are well-known and popular persons, who thanks to DueLife dietary supplements can improve their results, overcome next barriers, but first and foremost - effectively care about their health. The Company is proud of the fact that it efficiently helps its Ambassadors and Partners achieve their objectives, and DUOLIFE brand, thanks to cooperation with outstanding personalities becomes more and more popular.



Aron Chmielewski

Hockey player, player of the Ocelari Trzyniec club and the Polish national team



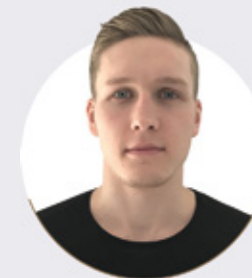
Beata Klimek

Athlete



Agnieszka Rylik

Multiple world champion in kickboxing, champion of IBO and WIBF federations in professional boxing



Damian Węglarz

Footballer, player of Jagiellonia Białystok



Aleksandra Ciężka

Polish Champion in kickboxing



Dawid Tomala

Athlete, gold medallist at Tokyo 2020 Olympics





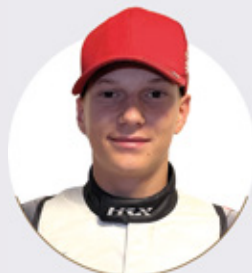
Andrei Mangra

Dancer, member of the Romanian sports dance federation



Kamil Kosowski

Former footballer of, among others, Wisła Kraków and the Polish national team



Karol „Carlo” Czepiel

Racing driver



Krzysztof Cegielski

Polish speedway rider, multiple representative of Poland national team



Krzysztof Drabik

Polish Champion in Flair Art, semi-finalist of „Poland's Got Talent”.



Olga Lyashchuk

The strongest woman in the world, record holder of the Guinness Book of Records 2016



Pascal Maubert

Fitness trainer



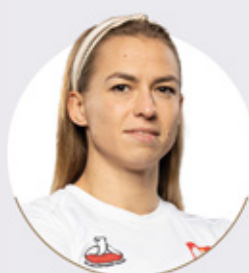
Michał Majchrzak

Athlete



Izabela Błasiak  
& Justyna Łukaszewska

Beach volleyball players



Małgorzata Kołdej

Europe Rugby  
Sevens Champion



Marian Ťahún

He has been practising alternative medicine for over 23 years.



Michał Buchalik

Football player - Wisła Kraków  
Football Club



Patryk Dobek

Athlete, bronze medallist at  
Tokyo 2020 Olympics



Paweł Baraszkiewicz

Canoeist, Olympic Games  
medallist



Ryszard Wolny

Gold medalist at the Olympic  
Games in greco-roman wrestling



Patricia Vittek

Singer, businesswoman,  
philanthropist



Vyacheslav Uzelkov

Former boxer, world and European vice-champion, European champion of the EBU federation



Svetlana Reveruk

Expert in the field of facial gymnastics and taping



Wojciech Machnik

Traveller, marathoner, world record holder

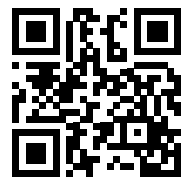






DuoLife

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more information



## Strategic partners from automotive sector

DUOLIFE, being one of few companies, closely cooperates with prestigious car brands which are famous for their top quality: Jaguar Car-Master, BMW Sikora and Mercedes-Benz Sobiesław Zasada Automotive. Many DUOLIFE Club Members can every day enjoy luxurious cars, as they benefit from them under Company Fleet Programs. Moreover, DUOLIFE, in cooperation with the aforesaid brands, organises very popular programs such as 'Fuel for Your Body' (with Mercedes-Benz Sobiesław Zasada Automotive), 'Be a Business Star' or 'Be a Business Jaguar' (with Jaguar Car-Master).

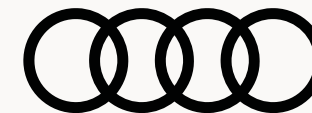


Mercedes-Benz  
SOBIEŚLAW ZASADA  
AUTOMOTIVE

Mercedes-Benz  
Sobiesław Zasada Automotive



Jaguar  
Car-Master



Dealer Audi  
Porsche Rybnik



DuoLife Center for  
Innovation Research™

## DUOLIFE S.A. production plants

The composition of DUOLIFE products was developed by a team of experts, practitioners and professionals, among others in medicine, natural medicine, human nutrition and phytotherapy, as well as with participation of the Scientific Council. While maintaining the world's top quality standards and using innovative solutions, dietary supplements of unprecedented effectiveness were created.



### Supplements plant in Kozy

DUOLIFE production plant in Kozy near Bielsko-Biała, with the floor space of 5500 m<sup>2</sup> is a project fully conforming to the quality standards and requirements of the European Union. DUOLIFE dietary supplements are produced there, and the whole process takes place under careful control of recognised and experienced experts.

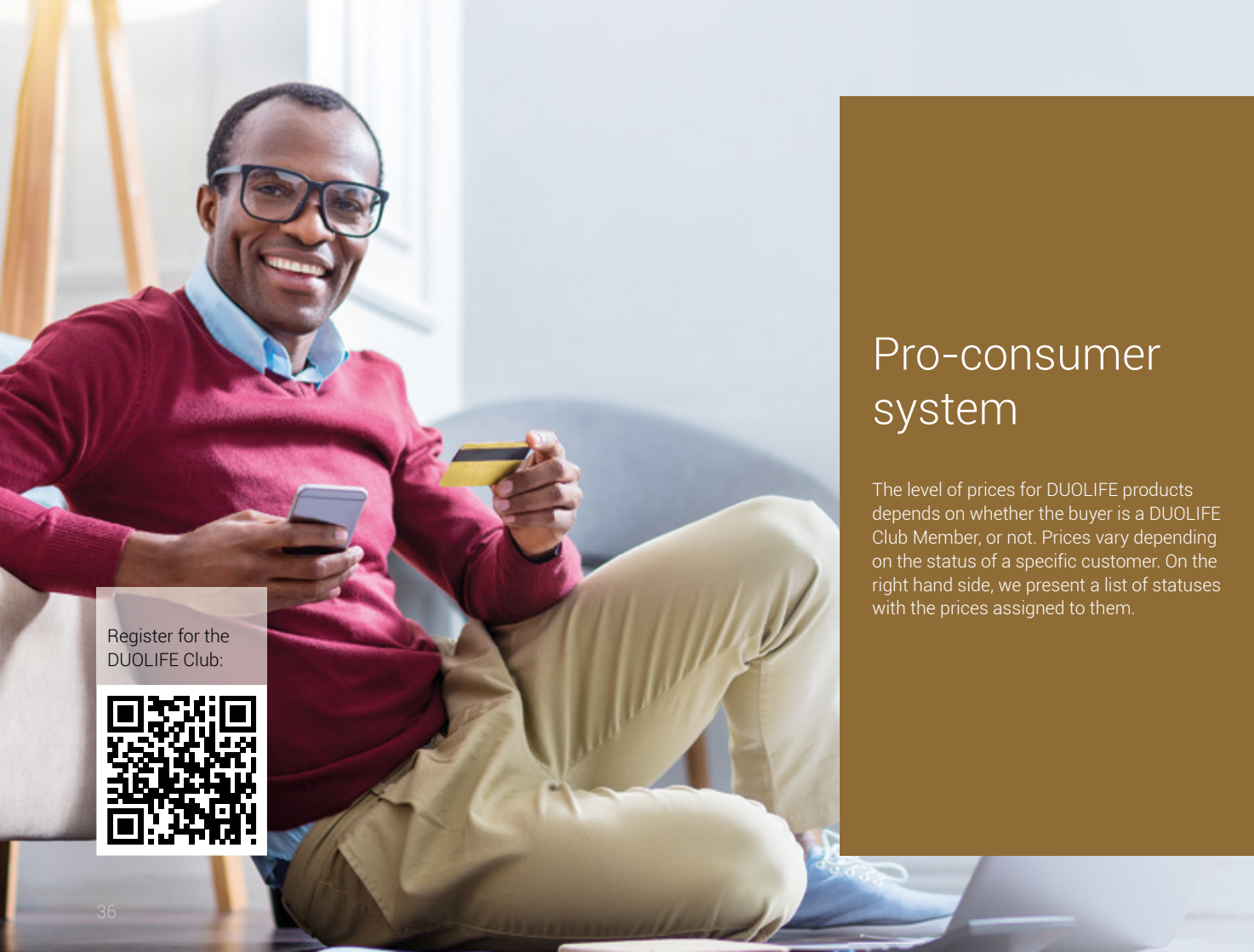
Apart from production functions, the plant in Kozy is also our logistics centre combined with the warehouse and logistics backup facilities. Dietary supplements created in DUOLIFE production plant demonstrate top quality, confirmed by many tests, which are conducted only in accredited laboratories and under supervision of the Chief Sanitary Inspectorate.



### Cosmetics plant in Łódź

The plant in Łódź is a modern production plant, where under the eye of experts and Members of the Scientific Council, DUOLIFE cosmetics are manufactured. It has its own laboratories which allow to conduct specialist tests and create unique compositions, meeting the strictest UE norms and standards. In production of cosmetics DUOLIFE uses the latest technologies and solutions, thanks to which the products created in the Łódź plant demonstrate the highest quality.

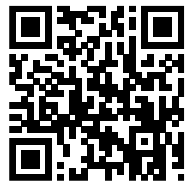




## Pro-consumer system

The level of prices for DUOLIFE products depends on whether the buyer is a DUOLIFE Club Member, or not. Prices vary depending on the status of a specific customer. On the right hand side, we present a list of statuses with the prices assigned to them.

Register for the  
DUOLIFE Club:



### Guest

A person who was presented with the rules of membership in DUOLIFE Club, but has not undergone the registration process.

**In such a case, retail prices are applicable.**



### Preferred Customer

A person who, by registering in the DUOLIFE Club, has placed an order for less than a point value defined in the Compensation Plan as a level of consumer activity, thus obtaining the opportunity to purchase DUOLIFE Products at preferential prices.

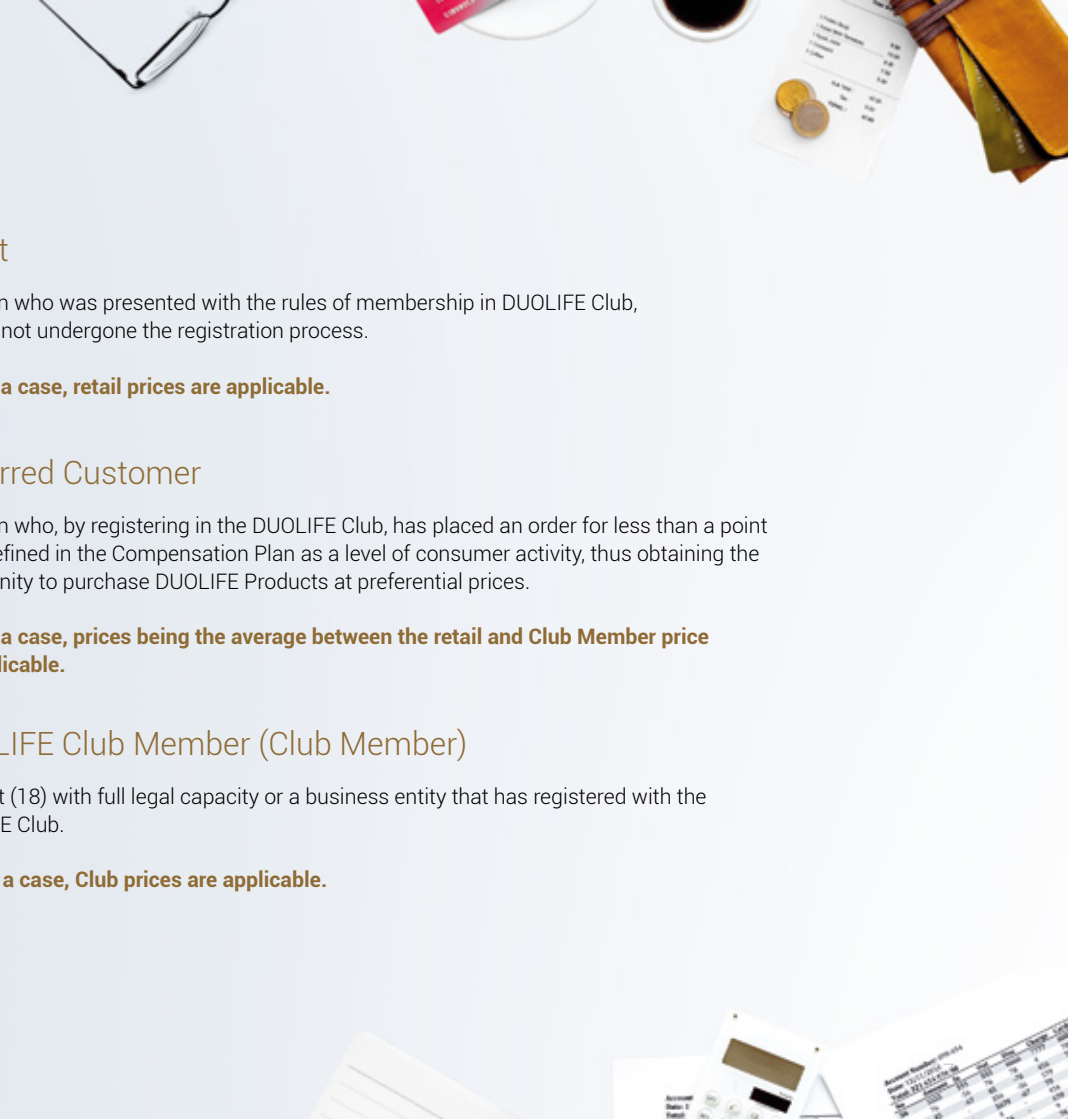
**In such a case, prices being the average between the retail and Club Member price are applicable.**



### DUOLIFE Club Member (Club Member)

An adult (18) with full legal capacity or a business entity that has registered with the DUOLIFE Club.

**In such a case, Club prices are applicable.**





## Dietary supplements

An appropriate dose of micro-ingredients is necessary for correct functioning of each cell of the body. Properly selected supplementation helps to achieve the expected result, as it supports the body at all levels. DUOLIFE dietary supplements, i.e. concentrated doses of nutritional substances (such as vitamins, minerals, aminoacids or beneficial plant extracts), is the response to the body's needs, being a perfect supplementation of daily diet. Taking care of your health and body is much easier with them!

## Why supplements?

DUOLIFE dietary supplements are preparations of the highest quality, composed of natural ingredients, with utmost care about details. They meet even the most restrictive standards and requirements, which is confirmed by numerous certificates. Every day, thousands of people all over the world are changing their lives thanks to unique DUOLIFE products!

**Loss of nutritional values** (in mg per 100 g of dry mass\* or in mg/100 g of food portion\*\*)

		1938 <sup>1</sup> UK*	2002 <sup>1</sup> UK*	Decrease (%)	1941 <sup>1</sup> USA*	2004 <sup>1</sup> USA*	Decrease (%)
<b>Potatoes</b>	Calcium	32	24	-25%	49	55	
	Magnesium	100	81	-19%	130	112	-14%
<b>Carrot</b>	Calcium	455	245	-46%	400	282	-29%
	Magnesium	113	29	-74%	170	102	-36%
<b>Banana</b>	Magnesium	142	137	-4%	N/A	108	
		1950 <sup>2</sup> USA**	1999 <sup>2</sup> USA**	Decrease (%)			
<b>Spinach</b>	Vitamin C	59	28	-53%			
<b>Broccoli</b>	Calcium	130	48	-63%			

UK - United Kingdom

USA - United States of America

N/A - not analysed

1. WHITE, P. J.; BROADLEY, M. R. Historical variation in the mineral composition of edible horticultural products. *The Journal of Horticultural Science and Biotechnology*, 2005, 80.6: 660-667.

2. DAVIS, R. et al. Changes in USDA food composition data for 43 garden crops, 1950 to 1999. *Journal of the American College of Nutrition*, 2004, 23.6: 669-682.



## Dietary supplements Liquid forms

DUOLIFE Liquid Formula is a combination of nature and the latest scientific discoveries. 100% natural liquid dietary supplements encapsulated in a unique glass bottle are a guarantee of the highest quality and digestibility. Each product from that line is composed on the basis of the best, appropriately selected ingredients, based on the rules of synergy and antagonism. DUOLIFE Liquid Formula preparations are a response to all the needs of the body.



## Why supplements in a liquid form?

DUOLIFE Liquid Formula line joins modernity with the pro-health properties. Preparations in a liquid form are fixed using the IHHP™ method, based on the concept of minimum processing, allowing to maintain purity and top quality of ingredients. It is a necessary support for the health, which is reflected in a strong and properly nutritioned body.



**Minimum processing**



**Top quality**

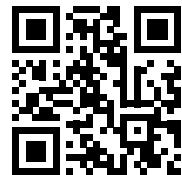


**Support for the body**



**Many certificates**

Scan QR code and  
go to online store





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Day

dietary supplement

Your daily source of health

DUOLIFE Day is a solution for those who want to activate the psychomotor qualities of their organism and who want to provide their body with substances essential for them to function properly every day.

Distinctive product features



How to use

DUOLIFE Day:  
25 ml daily in the morning, preferably during the meal





The prices apply to a set of 2 bottles (DUOLIFE Day and Night).

Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

Information

Scan QR code for more information



-  Supports antioxidant processes\*
-  Supports the cardiovascular system\*
-  Enhances functions of the immune system\*
-  Helps to detoxify the body and maintain correct body weight\*

DUOLIFE Night

dietary supplement

Support for peaceful sleep and full regeneration of the body

DUOLIFE Night is a solution for people who want to enjoy life after a good night's sleep and seek full regeneration of their vital forces by providing their organism with necessary substances.

How to use





DUOLIFE Night:  
25 ml daily in the evening, preferably during the meal

Products sold only as one set DUOLIFE Day and Night (2 x 750ml)

Information

Scan QR code for more information



-  Supports body recovery and peaceful sleep\*
-  Helps to enhance functions of the immune system\*
-  Supports the alimentary system and liver functions\*
-  Supports the heart and blood vessels\*



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Vita C

dietary supplement

Suport of the body immune system

DUOLIFE Vita C is a solution for those looking for an infallible way to boost their mood and supplement their vitamin and minerals deficiencies, simply for those who like to enjoy their life and be full of energy!

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to enhance functions of the immune system\*



Supports the body during the cold, can shorten the duration of an infection\*



Helps improve the mood and provides energy\*



A powerful antioxidant - protects against free radicals\*



Vita C Powder

dietary supplement

Concentrated active ingredients to boost your immunity.

DUOLIFE Vita C Powder contains as many as 4 sources of exclusively natural vitamin C, which supports immunity, circulatory system, the function of muscles, the well-being of skin and gums. Complementary with DUOLIFE Vita C Liquid Formula.

Distinctive product features



How to use

1 sachet a day. Dissolve the contents of the sachet in a glass with water or other cool liquid and mix well. Consume immediately after preparation.

Information

Scan QR code for more information



Supports the body's immunity, strengthening the protection against common cold\*



Supports the endogenous collagen biosynthesis in the body\*



Supports the function of the cardiovascular system\*



Supports the absorption of iron from the digestive tract\*





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Collagen

dietary supplement

Support for the skin, bones and joints

Liquid Collagen enriched with antioxidants helps to keep the skin firm and supple, protecting it against premature ageing and improving the health of your hair and nails. Natural Collagen ensures normal functioning of articular cartilage and bones.

Distinctive product features



How to use





25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

-  Supports the condition of skin, joints, bones and eyes\*
-  Contributes to improving the condition of hair and nails\*
-  Supports barrier functions of the skin and helps to prevent its dehydration\*
-  Supports reducing the symptoms of ageing\*



Collagen Powder

dietary supplement

Concentrated active ingredients to support skin, bones and joints

DUOLIFE Collagen Powder contains a very high dose of collagen and additional active ingredients which support the condition of the osteoarticular system, skin, hair and nails. Complementary with DUOLIFE Collagen Liquid Formula.

Distinctive product features







How to use

1 sachet a day. Dissolve the contents of the sachet in a glass with water or other cool liquid and mix well. It can also be mixed with food. Consume immediately after preparation.

Information

Scan QR code for more information



-  Supports the optimum condition of the osteoarticular system, skin, hair and nails\*
-  Supports skin well-being, helping to maintain its firmness and elasticity\*
-  Supports the optimum function of bones, joint cartilage, ligaments and tendons\*
-  Promotes healthy thyroid function\*



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Aloes

dietary supplement

Helps to maintain vitality, young look and beautiful shape

DUOLIFE Aloe is a natural source of health and beauty. It is a perfect solution for people who seek a way to preserve their young looks and vitality. Thanks to its cleansing properties, DUOLIFE Aloe assures full regeneration of the body.

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Chlorofil

dietary supplement

'Liquid energy' supporting function of the immune and alimentary system

DUOLIFE Chlorofil is the a response to those who want to keep their body in an optimum condition as long as possible. Thanks to its beneficial effects, it is even called 'liquid energy'.

Distinctive product features



How to use


10 to 20 ml once a day, before the meal.


Information


Scan QR code for more information




Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

- 

Supports the function of immune and alimentary systems\*
- 

Supports the cardiovascular system\*
- 

Supports antioxidant processes and function of the immune system\*
- 

Supports the hematopoietic system\*





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Keratin Hair Complex

dietary supplement

Health and beauty in one for your hair, skin and nails

DUOLIFE Keratin Hair Complex is a product based on liquid keratin and natural ingredients developed on the basis of patents. It contributes to reduction of hair loss, helps to strengthen, smoothen the hair, as well as improve its thickness and elasticity.

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to protect and repair damaged hair, nails and skin\*



Strenghtens the hair, helps to reduce hair loss\*



Supports growth of healthy hair and nails\*



Clinical efficiency (refers to selected ingredients)



My Blood Moja Krew

dietary supplement

Liquid support for your blood count

DUOLIFE My Blood is a complex of vitamins, minerals, natural fruit and vegetable extracts. This is a liquid blood morphology, which helps to maintain correct level of red blood cells and production of blood.

Distinctive product features



How to use

25 to 50 ml once a day, before the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to maintain correct results of complete blood count tests\*



Supports haematopoietic system, helping to maintain correct level and function of blood cells\*



Supports antioxidant processes and body regeneration\*



Supplies necessary vitamins and minerals to the body



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Fiber

dietary supplement

Support of digestive processes and of the gastrointestinal tract, also during inflammations

DUOLIFE Fiber is a ready-to-use, liquid form of soluble dietary fibre that comes from as many as 4 sources. The health-promoting effects of the ingredients contained in the dietary supplement have been documented by clinical studies.

Distinctive product features







How to use

50 ml a day, with a meal. It is recommended to take with a glass of water or other beverage.

Information

Scan QR code for more information



-  Helps to fight inflammation within the intestines\*
-  Supports the correct functioning of the gastrointestinal tract\*
-  Supports the absorption of other nutrients from the diet\*
-  Supports body weight control by helping to reduce appetite and giving a prolonged sense of satiety\*

\*Based on health properties of the ingredients. See references on page 175

Fiber Powder

dietary supplement

Support of digestive processes and of the gastrointestinal tract

DUOLIFE Fiber Powder is a very rich source of soluble dietary fibre that has prebiotic effects. The convenient sachet form will prove ideal in every kitchen as an addition to soups, sauces and baked goods.

Distinctive product features







How to use

Pour 1-2 sachets daily into food or drink. Consume right after preparation. It is recommended to take with a glass of water or other beverage.

Information

Scan QR code for more information



-  Supports optimal functioning of the digestive tract, as well as the immune system\*
-  Supports correct functioning of the gall bladder\*
-  Helps to alleviate heartburn and indigestion\*
-  Favourable in the LOW FODMAP diet\*

\*Based on health properties of the ingredients. See references on page 175



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

My Gastrin

dietary supplement

Caring for your digestive comfort

DUOLIFE My Gastrin is a dietary supplement in liquid form containing only natural ingredients of plant origin, including the Asafin®\* proprietary formula based on oleo-gum-resin sourced from asafoetida giantfennel (Ferula assa-foetida) in the patented FenuMAT™\*\*\* technology.

Distinctive product features




How to use


People aged over 12: 25 to 50 ml once a day, before or after the main meal. A dose of 25 ml can be also taken twice a day, before or after the meal. Do not exceed the recommended maximum daily dose.


Information


Scan QR code for more information



- 

Supports proper digestive processes and secretion of digestive juices\*
- 

Supports proper functioning of the intestines and liver, fosters body detoxification processes\*
- 

Supports healthy bowel movements, helps reduce constipation, bloating, nausea\*
- 

Fosters the maintenance of normal blood cholesterol level\*



\*Based on health properties of the ingredients. See references on page 176

\*\*The Asafin® formula is obtained with the use of the patented FenuMAT™ technology. Asafin® and FenuMAT™ are trademarks of Akay Natural Ingredients Private Limited.

My Mind

dietary supplement

Remember important things. Focus, concentrate, and act!

DUOLIFE My Mind contains ingredients of natural origin, including as many as 3 reserved formulas which support memory and concentration both in the young and the elderly. The properties of the ingredients are scientifically tested.

Distinctive product features




How to use


25-50 ml in the morning, with meal.


Information


Scan QR code for more information



- 

Supports quality and quickness of memory, especially long-term memory\*
- 

Supports memory and cognitive processes, as well as ability to focus\*
- 

Supports the functions of the nervous system, optimal mood and emotional balance\*
- 

Supports antioxidant processes\*



\*Based on health properties of the ingredients. See references on page 176

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

SunVital®

dietary supplement

Grow healthy like a giraffe!

SunVital® is the beginning of DUOLIFE Kids Formula line for children\*\*. The syrup contains natural plant ingredients and organic zinc.

Distinctive product features



How to use

5 ml once per day, after the meal, preferably diluted with water.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports the immune system\*



Supports respiratory functions\*



Supports cognitive functions\*



Supports the natural intestinal bacterial flora\*



RegenOil®

dietary supplement

Liquid gold among oils.

DUOLIFE RegenOil Liquid Gold® is a 'liquid gold' among cold-pressed oils. It is also a source of indispensable unsaturated fatty acids, whose composition is based on 13 plant oils.

Distinctive product features



How to use

5 ml once per day, preferably during the meal.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



13 unrefined cold-pressed plant oils\*



Enriched with natural vitamins D3 and K2 MK7; „golden proportion“ of Omega-3 and Omega-6 acids\*



Contributes to maintaining healthy teeth and bones\*



Supports immune system and brain function\*



\*Based on health properties of the ingredients. See references on page 167

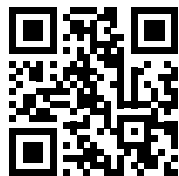
\*\*The preparation can be used by children over 6 years old.

\*Based on health properties of the ingredients. See references on page 167





Scan QR code and  
go to online store



## Dietary supplements Medical Formula

DUOLIFE Medical Formula products are composed to support the body in a natural and fully safe manner. Drawing the best from the nature, DUOLIFE created dietary supplements with increased concentration and digestibility of active substances and delayed time of their release. Medical Formula line products contain chlorophyllin and inulin, they are free from bisphenol A (BPA), and their power is encapsulated in HPMC capsules - perfect for vegans and vegetarians.



## Why supplements in the form of capsules?

Medical Formula line stands for carefully developed dietary supplements which strengthen the body and support its correct function. Natural strength enclosed in the capsules is reflected in effectiveness confirmed by tests. Personalised packaging and multi-lingual label make DUOLIFE Medical Formula products perfect for you.



HPMC capsules  
**for vegans and vegetarians**



**BPA-free**  
packaging



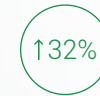
Capsules with **delayed release time**,  
clinically tested



**Multilingual labels**  
(12 languages)



Packaging with **personalisation of**  
Medical Formula line



Increased **bioavailability**  
**(digestibility) of active substances**



Green capsules due to  
**100% chlorophyllin**



Additional content  
of **inulin** (prebiotic)



**Increased concentration**  
**of active substances** in the body

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

BorelissPro®

dietary supplement

Supports body immunity and alleviates effects of tick and mosquito bites

BorelissPro® supports not only the body immunity, but also the heart function. It allows to maintain correct level of cholesterol, correct functions of joints and bones, and young look of the skin.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports antioxidant processes and function of the immune system\*



Supports the cardiovascular system\*



Supports the osteoarticular system\*



Helps to alleviate effects of tick and mosquito bites\*



ProStik®

dietary supplement

Maintains the optimal fitness of the joints and the bones and supports the motor system.

ProStik® thanks to its exceptional formula, helps to keep the muscles and joints in proper condition. Supports their elasticity and motor efficiency.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports motor efficiency\*



Supports functions of bones, articular cartilage, ligaments, tendons and muscles\*



Facilitates production of synovial fluid necessary for correct function of the joints\*



Contributes to ensuring appropriate mineralisation of bones and teeth\*





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
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concentrated formula
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lactose-free product
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special glass bottle for pharmaceutical purposes
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product for vegans and vegetarians
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environmentally sound
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safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProSelect®

dietary supplement

Supports antioxidant processes and the immune system

ProSelect® helps to neutralise free oxygen radicals, facilitates removal of harmful products of metabolism, supports good condition of the body and young look.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to enhance functions of the immune system\*



Supports antioxidant processes\*



Supports the body's cleansing processes\*



Supports the natural intestinal bacterial flora\*



ProSlimer®

dietary supplement

Supports weight loss and maintaining it at the correct level

ProSlimer® supports weight loss and afterwards maintaining it at the correct level. Supplies the body with vitamins and minerals necessary for its correct function.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports weight and fatty tissue reduction\*



Facilitates optimum capacity of the body during exercise\*



Helps to reduce the amount of consumed calories\*



Contributes to reduction of craving for sweets\*



\*Based on health properties of the ingredients. See references on page 168

\*Based on health properties of the ingredients. See references on page 168

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
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lactose-free product
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perfect for cooking
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special glass bottle for pharmaceutical purposes
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no added sugar
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the product contains only natural colourants
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source of fibre and full grain
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handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProDeacid®

dietary supplement

Supports acid-base equilibrium

ProDeacid® is a rich source of vitamins, micro- and macroelements, as well as elements necessary for correct functioning of the body. It facilitates the body's detoxification and regeneration.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to eliminate toxins and heavy metals from the body\*



Facilitates maintaining acid-base equilibrium of the body fluids\*



Supports the function of alimentary tract\*



Helps to enhance functions of the immune system\*



ProRelaxin®

dietary supplement

Helps to maintain emotional balance and reduce stress. Supports peaceful sleep

ProRelaxin®, thanks to well-balanced composition, helps to soothe the nerves, facilitates sleep and restores emotional balance. By affecting an increase in production of serotonin, it improves the mood and eliminates feeling bad.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to increase the body immunity to stress and restores emotional balance\*



Facilitates reduction of tension and anxiety\*



Supports sound, regenerating sleep\*



Helps to increase the concentration of serotonin in the brain\*





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
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lactose-free product
- 

perfect for cooking
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special glass bottle for pharmaceutical purposes
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no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProMigren®

dietary supplement

Contributes to reducing sensitivity to noise and ensures optimum resistance to adverse external factors

ProMigren® is an excellent source of substances supporting correct function of the central nervous system. By improving the general condition of the body, it increases the body's resistance to adverse external factors.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports appropriate function of the nervous system\*



Contributes to reducing sensitivity to noise and eliminating nausea\*



Helps to increase the concentration of serotonin in the brain\*



Contributes to increasing the body immunity to stress\*



ProCholterol®

dietary supplement

Supports managing lipid balance in the body

ProCholterol® is a rich source of natural substances that demonstrate protective effect on the circulatory system and the heart, which contributes to maintaining correct level of cholesterol in the blood.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to manage lipid balance of the body\*



Contributes to maintaining correct level of cholesterol in and triglycerides in the blood\*



Supports optimum condition of veins and arteries, preventing them from cholesterol deposits\*



Supports the cardiovascular system\*



# Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

# ProSugar®

dietary supplement

Helps to control the blood sugar level and regulate metabolic disorders.

Thanks to high content of biologically active ingredients, ProSugar® regulates metabolism of sugars, helping to maintain correct level of glucose in the blood.

## Distinctive product features



## How to use

1-2 capsules daily.

## Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Helps to control sugar level in the blood and regulate metabolic disorders\*



Contributes to reduction of craving for sweets\*



Supports the liver function and the body's cleansing processes\*



Facilitates slowing down and reducing digestion of complex sugars, and reduces absorption of simple sugars\*



# ProCardiol®

dietary supplement

Helps to maintain an optimum condition of the heart muscle and blood vessels

ProCardiol® is a valuable source of natural substances supporting the heart function and protecting the blood vessels, which facilitates maintaining appropriate level of cholesterol in the blood.

## Distinctive product features



## How to use

1-2 capsules daily.

## Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Supports the cardiovascular system\*



Contributes to maintaining correct blood pressure\*



Facilitates prevention of arteriosclerosis, contributing to reduction of 'bad' cholesterol level and maintenance of optimum level of 'good' cholesterol\*





Key

-  IHHP™ fixation
-  concentrated formula
-  proprietary formula
-  free of any corrosive substances or aggressive chemicals
-  gluten-free
-  resistance during passage through the digestive tract
-  powered by the nature
-  preservative and GMO-free
-  optimal strain protection
-  umbrella brand
-  BPA-free
-  concentrated formula
-  100% natural ingredients
-  lactose-free product
-  perfect for cooking
-  special glass bottle for pharmaceutical purposes
-  no added sugar
-  the product contains only natural colourants
-  source of fibre and full grain
-  handmade
-  product for vegans and vegetarians
-  environmentally sound
-  safe for the skin
-  high bioavailability
-  5:1 lutein to zeaxanthin ratio: 5:1
-  clinically tested ingredients
-  convenient form of sachets

ProlImmuno®

dietary supplement

Supports the body in overcoming viral infections and inflammations

ProlImmuno® supports the immune and respiratory systems, helping the body fight against infections typical of the autumn-winter-spring season, such as influenza or other viral infections.

Distinctive product features



How to use

1-2 capsules daily.

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.



Aids your body's fight with viral infections and inflammation\*



Helps with recurring viral and bacterial infections of upper and lower respiratory tract\*



Helps protect the body in immunocompromised states, especially during infection seasons\*

ProOptical®

dietary supplement

Natural & effective.

ProOptical® from Clinical Formula line is a dietary supplement in the form of a two - phase capsule with modified, prolonged release. An innovative two-phase formula is an exceptional combination of two capsules - an external liquid one and an internal solid one.

Distinctive product features



How to use

1 capsule daily.

Information

Scan QR code for more information



Supports sightseeing processes\*



Supports prevention of macular degeneration\*



Contributes to reduction of photochemical damages\*



Helps to regulate eye accommodation processes\*



Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

ProBactilardii®

dietary supplement

Healthy intestines

DUOLIFE Clinical Formula ProBactilardii® is an innovative combination of a prebiotic, probiotic and postbiotic in one product. Viability of bacterial and yeast cultures is guaranteed in the formula at the end of the product's shelf life.

Distinctive product features

- 
- 
- 
- 
- 

How to use

1 capsule from each container 1 to 2 times a day. The combined use involves 2 capsules taken simultaneously – synbiotic in the first capsule and postbiotic in the second capsule.

Information

Scan QR code for more information



Supports optimal immune system function and normal intestinal microflora\*



Synergistic health-promoting effect on the gut-brain axis\*



Supports functions of the digestive tract in people living under excessive stress\*



\*Based on health properties of the ingredients. See references on page 174

\*\*The total number of microorganisms is 9 billion CFU =  $9 \times 10^9$  CFU (CFU = colony-forming unit)



Scan QR code and  
go to online store



## Food supplements DUOLIFE PURE FORMULA

DUOLIFE PURE FORMULA is a line of food supplements with simple composition, concentrated active ingredients and targeted action. They're encapsulated in naturally sourced, delayed-release hydroxypropyl methylcellulose (HPMC) capsules and softgel capsules. They're characterised by their ease of use and convenient form.



## Why DUOLIFE PURE FORMULA?

DUOLIFE PURE FORMULA are products with targeted action that can be easily adjusted to individual needs and requirements. One package covers 30 days of supplementation.



Simple, targeted composition  
– based on the main active  
ingredient with known properties  
and concentrated dose.



Product with comprehensible  
purpose



Convenient form of use

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Ashwagandha

dietary supplement

Ashwagandha helps maintain relaxation, good physical and mental well-being.

A food supplement from the PURE FORMULA line in the form of capsules containing the proprietary winter cherry (ashwagandha) root extract formula in a concentrated dose. Ashwagandha has adaptogenic properties and supports the body's resistance to stress.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



Convenient form of use



Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.



No artificial fillers, preservatives or unnecessary additives.



Suitable for vegans and vegetarians



DUOLIFE Astaxanthin

dietary supplement

Naturally sourced astaxanthin obtained from *Haematococcus pluvialis* algae.

DUOLIFE Astaxanthin is a food supplement from the PURE FORMULA line in the form of capsules which contains naturally sourced astaxanthin in a concentrated dose, sourced from *Haematococcus pluvialis* algae. It is enclosed in capsules made of HPMC, an organic cellulose derivative, with delayed release time.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



Convenient form of use



Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.



No artificial fillers, preservatives or unnecessary additives.



Suitable for vegans and vegetarians





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Berberine

dietary supplement

Barberry contributes to the maintenance of normal blood glucose and cholesterol levels.

A food supplement from the PURE FORMULA line in the form of capsules containing berberine from barberry root extract in a concentrated dose. Barberry contributes to the maintenance of normal blood glucose and cholesterol levels. Barberry root extract helps support liver function.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



DUOLIFE D3 in nigella oil

dietary supplement

Vitamin D helps maintain healthy bones and teeth.

A food supplement from the PURE FORMULA line in the form of capsules containing vitamin D3 suspended in Nigella oil in a concentrated dose. Vitamin D contributes to the normal absorption/ use of calcium and phosphorus. Vitamin D contributes to the normal function of the immune system.

Distinctive product features



How to use

1-2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Ginseng

dietary supplement

Ginseng supports the maintenance of vitality.

A food supplement from the PURE FORMULA line in the form of capsules containing a composition of extracts from three ginseng species: Panax ginseng, American ginseng and Siberian ginseng in a concentrated dose. Ginseng supports vitality and concentration and helps maintain sexual prowess.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



DUOLIFE Kudzu

dietary supplement

Kudzu root is rich in many valuable active compounds.

A food supplement from the PURE FORMULA line in the form of capsules containing kudzu root extract in a concentrated dose. It is enclosed in capsules made of HPMC, an organic cellulose derivative, with delayed release time.

Distinctive product features



How to use

2 capsules a day, after a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Maca

dietary supplement

Maca helps maintain natural sexual activity and energy.

A food supplement from the PURE FORMULA line in the form of capsules containing maca root extract in a concentrated dose. Maca helps maintain natural sexual activity and energy. Maca supports fertility as well.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



DUOLIFE Melatonin

dietary supplement

Melatonin helps reduce the time it takes to fall asleep\*.

A food supplement from the PURE FORMULA line in the form of capsules containing melatonin. Melatonin helps reduce the time it takes to fall asleep. A beneficial effect occurs when 1 mg of melatonin is consumed shortly before going to bed. Melatonin helps reduce the subjective feeling of a sudden change of time zone. A beneficial effect occurs when 0.5 mg is consumed shortly before going to bed on the first day of the journey and on the subsequent days after arriving at the destination.

Distinctive product features



How to use

1-2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



\* A beneficial effect occurs when 1 mg of melatonin is consumed shortly before going to bed.

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

DUOLIFE Schisandra berry

dietary supplement

Schisandra berry has adaptogenic properties.

A food supplement from the PURE FORMULA line in the form of capsules containing schisandra berry fruit extract in a concentrated dose. Schisandra berry contributes to maintaining the upper respiratory tract in an optimum condition.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

Suitable for vegans and vegetarians



DUOLIFE Spirulina

dietary supplement

Spirulina supports body weight control.

A food supplement from the PURE FORMULA line in the form of capsules containing spirulina in a concentrated dose. Spirulina supports body immunity. Spirulina helps maintain body vitality.

Distinctive product features



How to use

2 capsules a day, with a meal. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

Convenient form of use
- 

Simple, targeted composition – based on the main active ingredient with known properties and concentrated dose.
- 

No artificial fillers, preservatives or unnecessary additives.
- 

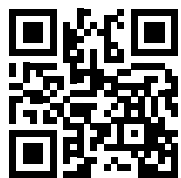
Suitable for vegans and vegetarians







Scan QR code and  
go to online store



## Food supplements Effervescent tablets

DUOLIFE Boost Formula FIZZY EASY is a line of effervescent tablet food supplements based on vitamins, minerals, and active ingredients. The DUOLIFE Boost Formula FIZZY EASY formulations were additionally enriched with BioPerine<sup>®</sup>\*, a proprietary, patented formula of natural origin with proven properties enhancing the absorption of nutrients contained in food supplement.



\*BioPerine<sup>®</sup> is a Sabinsa ingredient protected by the intellectual property (IP) law.



## Why DUOLIFE Boost Formula FIZZY EASY?

The compositions of the individual DUOLIFE Boost Formula FIZZY EASY products have a synergistic effect in supporting the proper functioning of the body. Each of the FIZZY EASY products has a multidirectional effect, supporting many important processes and functions of the body at the same time.



Effervescent tablets  
to prepare a refreshing,  
fruity-flavoured drink



Simultaneous support  
of many important body  
processes and functions



The formulations  
have a synergistic effect

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

FIZZY EASY  
Ca + D3 COMPLEX

food supplement

Supports the immune system and maintaining good condition of bones, teeth and muscles\*\*

A food supplement in the form of effervescent tablets, based on ingredients that support maintaining an optimum condition of the immune system, motor system, and nervous system<sup>1-3</sup>.  
**Flavour:** lemon and pineapple

Distinctive product features







How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Use once a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



-  BioPerine® active ingredient absorption booster<sup>4</sup>.
-  Convenient form of application.
-  Multidirectional action.
-  Synergy of action.



FIZZY EASY  
Mg + K + B COMPLEX

food supplement

Fosters maintaining an optimum physical and mental condition of the body\*\*

A food supplement in the form of effervescent tablets, based on ingredients that support maintaining an optimum condition of muscles, nervous system, and circulatory system<sup>1-3</sup>.  
**Flavour:** raspberry and lemon

Distinctive product features







How to use

Dissolve 1 tablet in a glass (200 ml) of cool water. Use once a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



-  BioPerine® active ingredient absorption booster<sup>4</sup>.
-  Convenient form of application.
-  Multidirectional action.
-  Synergy of action.



\*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.  
\*\*Based on health properties of the ingredients. See references on page 177

\*BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.  
\*\*Based on health properties of the ingredients. See references on page 177



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

FIZZY EASY ENERGY COMPLEX

food supplement

Supports the body's energy, focus, and vitality\*\*

A food supplement in the form of effervescent tablets, based on a composition of 14 high-quality ingredients that support energy, focus, and vitality<sup>1-3</sup>.  
**Flavour:** passion fruit and orange

Distinctive product features

- 
- 
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- 
- 

How to use


Dissolve 1 tablet in a glass (200 ml) of cool water. Take two tablets a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.

Information

Scan QR code for more information



- 

BioPerine® active ingredient absorption booster<sup>4</sup>.
- 

Convenient form of application.
- 

Multidirectional action.
- 

Synergy of action.



<sup>4</sup>BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.  
<sup>\*\*</sup>Based on health properties of the ingredients. See references on page 177

FIZZY EASY ELECTROLYTE COMPLEX

food supplement

Supports maintaining the water-electrolyte balance of the body\*\*

A food supplement in the form of effervescent tablets, based on elements and active components that support maintaining the water-electrolyte balance of the body<sup>1-3</sup>.  
**Flavour:** orange and peach

Distinctive product features

- 
- 
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How to use


Dissolve 1 tablet in a glass (200 ml) of cool water. Take 3 tablets a day. Consume immediately after preparation. Do not exceed the recommended maximum daily dose.


Information


Scan QR code for more information



- 

BioPerine® active ingredient absorption booster<sup>4</sup>.
- 

Convenient form of application.
- 

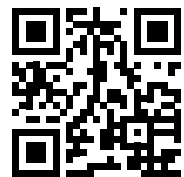
Multidirectional action.
- 

Synergy of action.



<sup>4</sup>BioPerine® is a Sabinsa ingredient protected by the intellectual property (IP) law.  
<sup>\*\*</sup>Based on health properties of the ingredients. See references on page 177

Scan QR code and  
go to online store



Foodstuffs

## INNUBIO Hemp Oils

They are all-natural hemp oils, containing the full spectrum of naturally occurring cannabinoids, flavonoids and terpenoids. A guaranteed amount of phytocannabinoids, the highest quality raw material, innovative extraction technology, and high production standards mean that when you choose INNUBIO hemp oils, you receive full-value THC-free products with effects that support the maintenance of a healthy body.



## Why hemp oils?

The highest standard of our hemp oils is guaranteed by the degree of technological advancement, the multitude of good practices to ensure complete safety and high quality, and the use of only selected raw materials. The basis for the highest quality hemp extract is the suitable raw material, which undergoes an extraction process. We use certified Futura 75 (CBD/CBDA) and Santhica 70 (CBG) varieties from certified seeds for oil extraction.



100% natural



Innovative alcohol  
extraction technology



High bioavailability



Product for vegans  
and vegetarians



Full range of natural cannabinoids,  
terpenoids, and flavonoids. The oil  
does not contain THC.



Precise dropper

❗ Products not available in UA, US, CA, AU-BY-GE-IL-UZ, GB-GG-IM-JE-XI, CH-LI, NO zones.



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

INNUBIO Classic THC - FREE  
500 mg (5%) CBD 10 ml

Foodstuff

Support the balance of your body!

The ingredients of the products promote calming of the body, and also support optimal quality of sleep and a good mood.

Distinctive product features



How to use

Recommended daily serving: 6 drops (3 drops twice a day). Place under the tongue, swallow after a minute. Shake before use.

Information

Scan QR code for more information



500 mg phytocannabinoids guaranteed



Product for vegans and vegetarians



The oil does not contain THC.



Precise dropper



INNUBIO Intense THC - FREE  
1000 mg (10%) CBD 10 ml

Foodstuff

Support the balance of your body!

The ingredients support people who are exposed to stress and struggle with mood swings, experience tension and nervousness.

Distinctive product features



How to use

Recommended daily serving: 6 drops (3 drops twice a day). Place under the tongue, swallow after a minute. Shake before use.

Information

Scan QR code for more information



1000 mg phytocannabinoids guaranteed



Product for vegans and vegetarians



The oil does not contain THC.



Twice as many phytocannabinoids as the base CBD Classic Oil



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
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powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
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100% natural ingredients
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lactose-free product
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perfect for cooking
- 

special glass bottle for pharmaceutical purposes
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no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

INNUBIO Energy THC - FREE  
500 mg (5%) CBG 10 ml

Foodstuff

Support the balance of your body!

It supports people with memory and concentration problems, those at risk of chronic stress, and those experiencing a decrease in energy and vitality.

Distinctive product features



How to use

Recommended daily serving: 6 drops (3 drops twice a day). Place under the tongue, swallow after a minute. Shake before use.

Information

Scan QR code for more information



500 mg phytocannabinoids guaranteed



Product for vegans and vegetarians



The oil does not contain THC.



Innovative alcohol extraction technology



INNUBIO Vital THC - FREE  
1000 mg (10%) CBGA/CBG + CBDA/CBD 10 ml

Foodstuff

Support the balance of your body!

Innovative and fully natural hemp oil with a high content of acidic forms of cannabinoids, such as CBGA and CBDA. The ingredients in the product support your body's vitality and immunity.

Distinctive product features



How to use

Recommended daily serving: 6 drops (3 drops twice a day). Place under the tongue, swallow after a minute. Shake before use.

Information

Scan QR code for more information



1000 mg phytocannabinoids guaranteed



High content of acid forms of cannabinoids – CBGA and CBDA



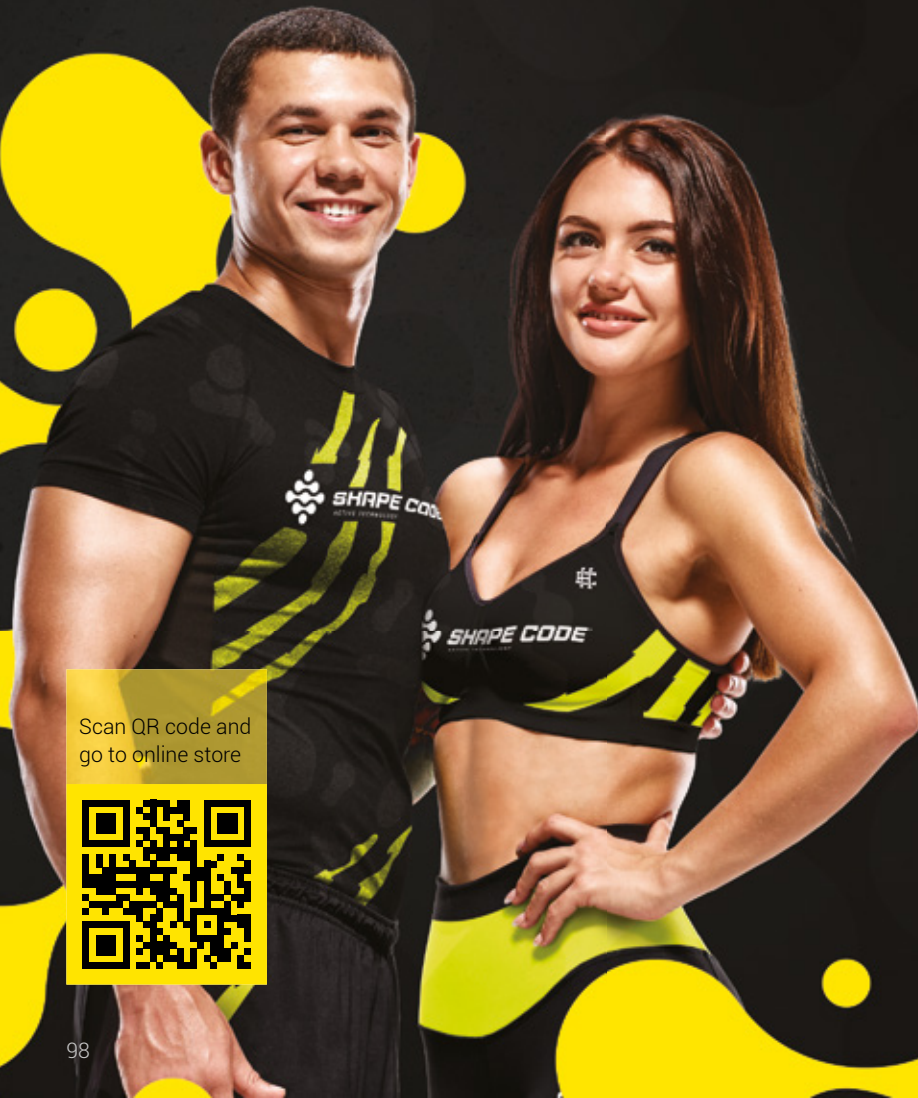
Product for vegans and vegetarians



The oil does not contain THC.







Scan QR code and  
go to online store



## SHAPE CODE®

Struggling with excess kilograms and working on a perfect figure do not necessarily mean hard exercises or a strict diet! SHAPE CODE® will support your quest to achieve your dream results and enjoy the best version of yourself!

SHAPE CODE® is the right offer for all who strive for maintaining beautiful, slim figure and who search for support for a reasonable diet that would facilitate body weight reduction and maintenance of proper general condition of the organism.



## Why SHAPE CODE®?

SHAPE CODE® is an innovative brand in the category of products supporting a healthy lifestyle. Due to its ingredients, it supports weight loss processes and burning of excessive body fat. It does not build muscle mass, but supports weight loss.



**Dual-purpose formula that  
can replace a meal**



**Contains no gluten, lactose or soy**



**Patented ingredient with  
clinically proven effect**



**Contains no preservatives, artificial  
colors, artificial sweeteners, artificial  
flavors or artificial fillers**



**Suitable for vegans and vegetarians**

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

SHAPE CODE® Slim Shake

dietary supplement

Supports weight loss and fat reduction

Perfect choice for everybody who is striving for losing excess kilograms and want to enjoy good health and well-being. Unique shake in slim size is a composition of natural ingredients (the product is 94% natural, enriched only with a vitamin and mineral mix), which supports a process that yields unique results.

Distinctive product features



How to use

Add a full scoop of powder (25g) to 250 ml of vegetable drink or milk, shake or stir to prevent the contents from settling to the bottom. Consume 1-2 times daily.

Information

Scan QR code for more information



Supports weight loss process, also helping to reduce appetite.



Supports the digestive system and intestinal flora.



Contains as many as three kinds of dietary fibre.



Suitable for vegans and vegetarians.



\* SLENDACOR® clinically tested ingredient  
\*\* 94% natural ingredients

SHAPE CODE® Protein Shake

dietary supplement

Supports the process of building lean muscle mass

Perfect for professional athletes and people exercising recreationally whose goal is to build muscle mass and maintain optimum effectiveness of exercises.

Distinctive product features



How to use

Add two flat scoops of the powder (35 g in total) to 200 ml of cool water or your favourite plant drink, and shake vigorously to prevent the contents from settling to the bottom. Consume 1-2 times per day. The use immediately after workout is recommended.

Information

Scan QR code for more information



Supports the process of building lean muscle mass



Supports metabolic processes



Contains 3 types of lactose-free\*\* whey protein (WPC, WPI, WPH)



Suitable for vegetarians



\* ingredients WATTS'UP®, PALATINOSE™  
\*\* Lactose content < 0.01 g/100 ml of the finished product prepared with water or a vegetable-based drink.



## SHAPE CODE® App

The SHAPE CODE® App is a free sports app to help you live a healthy lifestyle and support you in establishing healthy habits. In the app, you will find over 20 training plans adapted to your activity level. SHAPE CODE® App is an innovative tool which in a simple and intuitive way allows you to monitor your progress, share the results with friends and implement ambitious training plans. Lack of motivation? Download SHAPE CODE® App and start your adventure!

## Meet the SHAPE CODE® App!



**Maintaining regularity** - with our app you will not miss any workout or healthy meal. You will remember about all the useful activities that over time will turn into habits and positively impact your health.



**Nutrition dashboard** - in the product database each user can find the best ingredients for themselves and calculate the calorie count of their meals. If any product is missing in the database, it can be entered manually at any time. The most frequently used products are displayed in the form of suggested products, in order from the most to the least frequently chosen.



**Caring for the user** - thanks to the notification system you will not forget about anything! The app will remind you to add meals, drink water or exercise. It will also help you determine your hydration level and monitor your progress with a feature that allows you to enter your current weight and other measurements. To do this, simply click the „+“ in the main panel and then select the „Entry“ option. Plus, you can share your progress with friends - SHAPE CODE® App allows you to share your own material on social media.



**Clarity, intuitiveness, simplicity** - SHAPE CODE® App is a very simple and intuitive tool that will determine the best workout for you and help you calculate the ideal number of calories to consume per day. Just enter your basic information on registration: age, gender, weight, height and workout level and the virtual trainer will automatically tailor the best workout program.



**Your own activities** - our app has an option to add forms of activity preferred by the user. Weather is good and you feel like running or walking? Or maybe you prefer swimming pool or horse riding? You can record each activity in SHAPE CODE® App by entering it manually. The results and the number of calories burned will be posted in your workout dashboard.



**Additional notifications** - it is worth to follow them closely. With the help of the educational notifications will learn a lot of important and interesting things about health, responsible lifestyle and proper nutrition.





## Product Sets

DUOLIFE Sets are an excellent composition of dietary supplements adjusted to the biological clock and daily rhythms. Each of them helps to maintain correct function of the body, helping to keep it fit.

*On the left: presentation of products being part of Immunity Set.*



**Energy**



**Regeneration**



**Heart**



**Movement system**



**Metabolism weight loss**



**Metabolism cholesterol**



**Sugar metabolism**



**Digestion**



**Endocrine system**



**Nervous system**



**Sight**



**Cleansing**

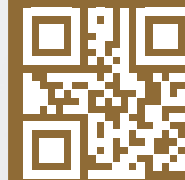


**Beauty**

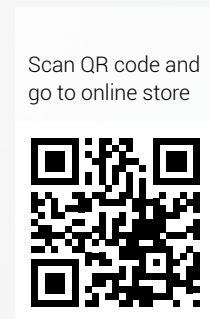


**Immunity**

Scan QR code and  
go to online store







Scan QR code and  
go to online store

Cosmetics

LAZIZAL®

Beauty has many dimensions and one of them is your very self. LAZIZAL® is a brand that cares about you, your skin and your beauty.

The word LAZIZAL® is a palindrome - an expression that is read from left to right as well as right to left. In ancient times, palindromes were attributed a magical meaning. They were believed to express what cannot be expressed directly.



## Why LAZIZAL®?

LAZIZAL® is a unique combination of three products (cream, serum and dietary supplement) that provides comprehensive anti-aging care.

Listening carefully to each of our needs, we invite you to the world of slow beauty: unhurried, intuitive care for your own skin. Beauty in the slow style is a return to natural cosmetics, universal beauty and timeless, multidimensional natural care.

Give your skin care that will make you feel special regardless of age.



**Effect confirmed  
by research.**



**Proven  
effectiveness.**



**High content of  
mineral ingredients.**



**High  
efficiency.**



**Complete anti-ageing care.**



**Proprietary Supreme  
LiftAge concept.**

Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

LAZIZAL® Advanced Face Lift Capsules

dietary supplement

Helps maintain the optimal condition of mature skin.

Food supplement that supports the functions and condition of the skin “form the inside”. Composition of natural ingredients in biphasic capsules with extended release to improve the absorption of active compounds.

Distinctive product features



How to use

1 capsule per day.

Information

Scan QR code for more information



LAZIZAL® ADVANCED FACE LIFT CAPSULES is the ideal complement to the products of the LAZIZAL® line: cream and serum



LAZIZAL® Rich Advanced Face Lifting Serum

serum

Cocktail product intended for mature skin with immediate lifting effect.

A serum provides care inspired by nature. Designed to meet the needs of the skin of the face, neck and décolleté. The combination of collagen, 5 types of hyaluronic acid and a specially selected active compound with a peptide structure provides hydration and reduces the visibility of wrinkles.

Distinctive product features



How to use

Apply a small amount (about 0.25–1 ml) of the product to the skin on your face and wait until completely absorbed.

Information

Scan QR code for more information



LAZIZAL® ADVANCED FACE LIFT SERUM is the ideal complement to the LAZIZAL® line of products: cream and capsules



\*Based on health properties of the ingredients. See references on page 173

\*\* 98.5% natural ingredients



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

LAZIZAL® Rich Advanced Face Lifting Cream

face cream

Anti-aging line cream, intended for mature skin.

Combination of unique active ingredients with unprecedented naturalness. LAZIZAL® Rich Advanced Face Lifting Cream based on the Supreme LiftAge concept has an anti-wrinkle, tightening and lifting effect.

Distinctive product features



How to use

Apply the product to the face and massage in until completely absorbed. The cream can be used as a make-up base.

Information

Scan QR code for more information



- 

Firmed, smoothed and lifted skin on face, neck and décolleté.
- 

Effects visible already after 30 minutes.
- 

Improves skin elasticity and firmness.
- 

Improves skin illumination and hydration.



\*Based on health properties of the ingredients. See references on page 174  
\*\* 97% natural ingredients

LAZIZAL® Advanced Face Lift Serum Sample

Serum

Test the immediate lifting effect on your skin.

Expert care with a formulation inspired by nature. Designed to meet the needs of the skin of the face, neck and décolletage. Combination of unique, innovative active ingredients with unparalleled naturalness.

Distinctive product features




How to use


Instructions for use described on page 79.


Information


Scan QR code for more information



- 

The kit contains 5 samples of 1 ml each.
- 

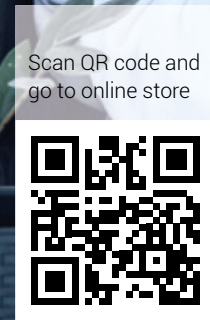
Improves the face contour.
- 

Effect visible after already 30 seconds.
- 

Reduced visibility of shadows, bags under the eyes.

\*Based on health properties of the ingredients. See references on page 174  
\*\* 97% natural ingredients





Scan QR code and  
go to online store

Cosmetics

## Beauty Care

The latest scientific reports confirm the relation between health, feeling good and the skin - the biggest organ of our body. Only a comprehensive approach to the issue of caring about the health and body is a guarantee of its appropriate function. This holistic perspective triggered a search made by DUOLIFE. The result is DUOLIFE Beauty Care line - a perfect supplementation with DUOLIFE products, based on formula 24/7 Nutri-Form™.



## Why Beauty Care?

Products of the DUOLIFE Beauty Care line are matched with products of the Liquid Formula line, which are additionally enriched with reserved active formulas. This in turn allowed to maximize the effect of the cosmetics that perfectly affect the overall well-being and condition of the skin, emphasizing every aspect of beauty.



**24/7 Nutri-form™**



**Proven effectiveness**



**High content  
of mineral ingredients**



**Effect confirmed by tests**



**High efficiency**



**Umbrella brand supporting  
the effect of oral preparations**



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Collagen Day Cream

Day cream

Cream-gel which reduces the visibility of wrinkles.

The cream contains as many as 8 types of collagen and a complex of 5 types of hyaluronic acid. Collagen with melanin and a formula with glycosaminoglycans from jellyfish provide proper hydration. The lightweight, gentle texture is well absorbed, leaving the skin hydrated and taut.

Cechy wyróżniające produkt



How to use

Instructions for use described on page 141.

Information

Scan QR code for more information



Pro Collagen Day Cream complements the Pro Collagen line: night cream, serum, hydrates and face mask.



Pro Collagen Night Cream

Night cream

Cream reducing the visibility of wrinkles in line with the “beauty sleep” trend.

The cream is designed for use at night, with regenerating and strong moisturising effect. It contains as many as 7 types of collagen ingredients and a complex of 5 types of hyaluronic acid. The rich formula firms the skin and reduces the visibility of fine expression lines and wrinkles, while simultaneously hydrating the skin.

Cechy wyróżniające produkt



How to use

Instructions for use described on page 141.

Information

Scan QR code for more information



Pro Collagen Night Cream complements the Pro Collagen line: day cream, serum, hydrates and face mask.



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Beauty Care Collagen

Face serum

Ultralight, concentrated anti-aging face serum.

Hydrolysed fish collagen and hydrolysed sea urchin collagen visibly smoothen fine lines. The pearl extract is designed to further firm, regenerate, and moisturise the skin.

Distinctive product features



How to use

Instructions for use described on page 141.

Information

Scan QR code for more information



DUOLIFE Beauty Care Collagen Face Serum perfectly complements other products from the Collagen Beauty Care line: day cream, night cream, mask.

- 

Visible smoothing of wrinkles.
- 

Fully natural emulsifiers, the ECOCERT certificate.
- 

98.4% natural product.
- 

No potential allergens which are usually found in fragrance composition.



Beauty Care Collagen

Face mask

Concentrated night face mask with instant lift effect.

The rich formula is based on 12 active ingredients that have moisturising, lifting, and nourishing properties. Specially selected ingredients of natural origin improve the oval of the face and provide an instant anti-wrinkle effect.

Distinctive product features



How to use


Instructions for use described on page 141.


Information


Scan QR code for more information




DUOLIFE Beauty Care Collagen Face Mask perfectly complements other products from the Collagen Beauty Care line: day cream, night cream, face serum.

- 

Visible smoothing of wrinkles.
- 

Soothes irritations and redness.
- 

96.5% natural product.
- 

No potential allergens which are usually found in fragrance composition.





Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Beauty Care Collagen Skin Sensitive

Face, neck, and décolleté skincare

Relieves symptoms of skin allergies

Designed for daily use for dry, normal and mixed skin, but also for atopic (AD), sensitive and delicate skin. Ectoine supports the healing of mild irritation.

Distinctive product features

- 
- 
- 
- 


How to use


Apply a thin layer to a cleansed and damp skin on face, neck and décolleté. Gently pat, do not rub in. Allow to absorb for approximately 5-10 minutes.


Information


Scan QR code for more information



- 

Collagen hydrate with patented stabilisation technology.
- 

Ectoine helps relieve the symptoms of atopic dermatitis.
- 

94.4% content of collagen hydrate.
- 

99.4% natural product.



Collagen Beauty Care Skin Tone

Face, neck, and décolleté skincare

Helps to reduce discolouration

Designed for daily use for dry, normal, and combination skin prone to hyperpigmentation. Rainbow algae extract brightens incorrect pigmentation, reduces the visibility and amount of hyperpigmentation.

Distinctive product features

- 
- 
- 
- 


How to use


Apply a thin layer to a cleansed and damp skin on face, neck and décolleté. Gently pat, do not rub in. Allow to absorb for approximately 5-10 minutes.


Information


Scan QR code for more information



- 

Collagen hydrate with patented stabilisation technology.
- 

Rainbow algae brightens hyperpigmentation and reduces its amount.
- 

93.1% content of collagen hydrate.
- 

99.4% natural product.



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Collagen Face Platinum

Face, neck, and décolleté skincare.

Reduces the visibility of wrinkles

Pro Collagen Face Platinum is a cosmetic product designed for daily care of the skin of face, neck and cleavage, regardless of skin type and age. The effect of using collagen hydrate is a visibly hydrated, plumped, smoothed, more elastic and brightened skin.

Distinctive product features



How to use

Apply a small amount of collagen hydrate to cleansed, damp skin of the face. Gently distribute by patting. Leave for a while until absorbed. Once the cosmetic is absorbed, if there is a slight sensation of tight skin, use the cream from the Pro Collagen line.

Information

Scan QR code for more information



- The cosmetic is free from ingredients which are the most common allergens
- 3 additional active ingredients, namely elastin, caprylyl glycol, lactic acid
- High content of type 1 native collagen
- No touch formula - hygienic product use



Pro Collagen Body Silver

Body care

Moisturises the skin and makes it more elastic

Pro Collagen Body Silver is designed for daily care of the whole body skin, regardless of its type and age. The result of using the collagen hydrate is noticeably hydrated, more elastic, and firmer skin.

Distinctive product features



How to use

Apply a small amount of the hydrate to cleansed, damp body skin. Gently distribute by massaging. Leave it for a while until absorbed. Once the cosmetic is absorbed, to prevent skin tightness, you can use body butter for everyday body care.

Information

Scan QR code for more information



- The cosmetic is free from ingredients which are the most common allergens
- 3 additional active ingredients, namely elastin, caprylyl glycol, lactic acid
- High content of type 1 native collagen
- No touch formula - hygienic product use





Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Collagen Beauty Care Face Cleansing Foam

Face, neck and cleavage skin cleansing.

Gentle and effective cleansing effect.

Light foam for daily cleansing of the face, neck, and cleavage from make-up residue and excess sebum. SKINPRO QM jellyfish extract hydrates the skin, while *Chlorella Vulgaris* microalgae extract has firming properties.

Distinctive product features




How to use


Moisten face gently with water. Apply a small amount of the foam to your hand. Apply in circular motion to wet face, avoiding the eye area. Rinse with lukewarm water. Apply in the morning and in the evening or as needed. Apply mist afterwards.


Information


Scan QR code for more information



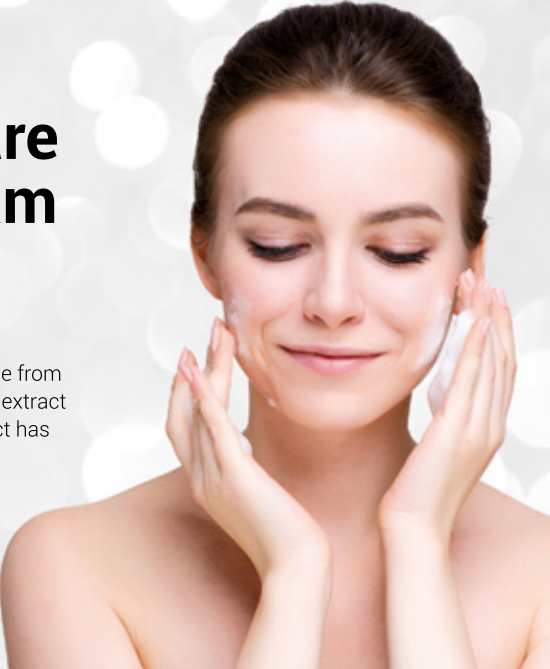
- 

High naturalness index of 95.9%.
- 

Gentle cleansing ingredients.
- 

Cleansing, hydration, freshness and comfort.
- 

Silky foam smoothens and soothes the skin.



Collagen Beauty Care Face & Body Mist Toner

Face, neck and cleavage skin care and cleansing.

Brightens the skin and balances its pH.

Gentle face and body mist with gold particles, developed to intensely hydrate, refresh and tone the skin. Rainbow algae extract brightens the skin, jellyfish glycosaminoglycans protect the epidermal cells from aging.

Distinctive product features




How to use


Collagen mist should be sprayed on clean, dry skin of the face and body. For face, close your eyes and spray the mist from a distance of approx. 20 cm. Leave for a few minutes until completely absorbed.


Information


Scan QR code for more information



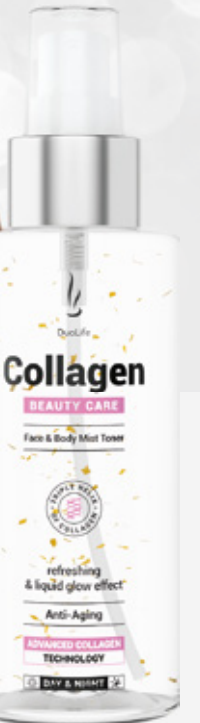
- 

Balances the pH of the skin.
- 

Refreshes and tones the skin.
- 

Balances the skin tone.
- 

Brightens the skin and gives it natural and radiant glow.



Key

-  IHHP™ fixation
-  concentrated formula
-  proprietary formula
-  free of any corrosive substances or aggressive chemicals
-  gluten-free
-  resistance during passage through the digestive tract
-  powered by the nature
-  preservative and GMO-free
-  optimal strain protection
-  umbrella brand
-  BPA-free
-  concentrated formula
-  100% natural ingredients
-  lactose-free product
-  perfect for cooking
-  special glass bottle for pharmaceutical purposes
-  no added sugar
-  the product contains only natural colourants
-  source of fibre and full grain
-  handmade
-  product for vegans and vegetarians
-  environmentally sound
-  safe for the skin
-  high bioavailability
-  lutein to zeaxanthin ratio: 5:1
-  clinically tested ingredients
-  convenient form of sachets

Pro Collagen Elixir Rose

Caring for the skin around the eyes, mouth, and on the neck

Reduces the visibility of wrinkles and lifts up the skin around the eyes, mouth, and on the neck.

Pro Collagen Elixir Rose is a special formula of a collagen hydrate with antioxidants intended for intense anti-wrinkle and lifting care of the skin around the eyes, mouth, and on the neck, regardless of skin type. Thanks to the content of natural antioxidants, Pro Collagen Elixir Rose has a unique, luminous pink colour.

Distinctive product features







How to use

Instructions for use: apply a small amount of gel to cleansed and damp skin around the eyes, mouth, and to the neck. Gently spread by patting. Keep a safe distance from the conjunctival edge and eye corner. Leave for a while until completely absorbed.

Information

Scan QR code for more information



-  A blend of collagen with antioxidants from black carrot and marine algae
-  Unusual, luminous pink colour
-  High content of type 1 native collagen
-  No touch formula - hygienic product use.



Pro Collagen Body Butter 200 ml

body butter

Firming and modelling of the skin

Firming and modelling Pro Collagen Body Butter is a composition of 5 types of hyaluronic acid with collagen and other active ingredients enclosed in HyalFive 24/7 Nutri-Form™ formula. The butter hydrates and elasticises the skin, increasing its firmness.

Distinctive product features






How to use

Apply a small amount of the body butter directly to the skin. Rub gently until it is completely absorbed.

Information

Scan QR code for more information



-  Serves as a local „skin filler“, increases its suppleness and elasticity.
-  Hydrates and soothes irritations caused by excessive skin dryness.
-  Ideal for daily care and relaxing massage with protective and caring effects.





Key

-  IHHP™ fixation
-  concentrated formula
-  proprietary formula
-  free of any corrosive substances or aggressive chemicals
-  gluten-free
-  resistance during passage through the digestive tract
-  powered by the nature
-  preservative and GMO-free
-  optimal strain protection
-  umbrella brand
-  BPA-free
-  concentrated formula
-  100% natural ingredients
-  lactose-free product
-  perfect for cooking
-  special glass bottle for pharmaceutical purposes
-  no added sugar
-  the product contains only natural colourants
-  source of fibre and full grain
-  handmade
-  product for vegans and vegetarians
-  environmentally sound
-  safe for the skin
-  high bioavailability
-  lutein to zeaxanthin ratio: 5:1
-  clinically tested ingredients
-  convenient form of sachets

Pro Aloe Day Cream

day cream

Illuminates and ensures proper level of hydration

Pro Aloe Day Cream, developed on the basis of prebiotics and stem cells, is intended for care of all skin types - including young skin. Aloe vera stem cells restore balance to the skin and have soothing, protective and strengthening effects.

Distinctive product features



How to use

Apply the cream to cleansed skin of the face, neck and cleavage, omitting the area of the eyes. The cosmetic is a perfect make-up base. Use in the morning.

Information

Scan QR code for more information



Reduces the visibility of wrinkles



Restores a fresh appearance to the skin



The product is natural in as much as 97.6%



Improves skin elasticity and balances the skin's pH



Pro Aloe Night Cream

night cream

Regenerates the skin and provides the appropriate level of hydration during sleep

Pro Aloe Night Cream was created for night regeneration of your facial skin. The product's properties restore the skin's pH balance, soothe, protect, strengthen and even out the skin tone. Stem cells found in the cream will enhance the regeneration process.

Distinctive product features



How to use

Apply the cream to cleansed skin of the face, neck and cleavage, omitting the area of the eyes. Use in the evening.

Information

Scan QR code for more information



The product is natural in as much as 96.2%



With a regenerating and firming effect



Reduces the visibility of wrinkles



The rich formula of the cream has nourishing properties



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
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perfect for cooking
- 

special glass bottle for pharmaceutical purposes
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no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Aloe Face Cleansing Gel

Face cleansing gel

Cleansing the face of impurities and excess sebum

Cleansing care with Pro Aloe Cleansing Gel makes your skin feel soothed and refreshed. The skin is clean, radiant, and bright.

Distinctive product features




How to use


Apply the gel in circular motions to wet face. Avoid contact with eyes. Then rinse thoroughly with lukewarm water. Apply morning and evening.


Information


Scan QR code for more information



- 

100% vegan.
- 

It has gentle cleansing substances that do not cause excessive drying of the skin.
- 

Makes your skin look radiant.
- 

Gentle and effective cleansing.



Beauty Care Aloes

Face conditioning toner

Refreshes and restores the natural pH of the face

DUOLIFE Beauty Care Aloes Face Toner combines the soothing power of aloe vera stem cells with the regulating action of apple cider vinegar and the nourishing action of honey extract. The product restores the natural pH balance of the skin after cleansing treatments with micellar water and cleansing gel.

Distinctive product features




How to use


Apply product on a cotton pad and gently apply on the face, neck, and cleavage skin. Avoid contact with eyes. Use after face cleansing to restore the natural pH balance or for refreshment during the day.


Information


Scan QR code for more information



- 

High naturalness index – up to 99%.
- 

The product guarantees the effect of freshness and comfort from the first use.
- 

It tightens pores and soothes irritation.
- 

It speeds up regeneration.





Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Beauty Care Aloes

Intimate hygiene foam wash

Cleansing and care of private parts

Our DUOLIFE Beauty Care Aloes Intimate Wash Foam provides gentle care of intimate areas. The foam supports natural microbiome of particularly sensitive private parts, showing probiotic and prebiotic effect.

Distinctive product features



How to use

Apply a small amount of the foam to the palm of your hand, wash the intimate area, and rinse with water. For external use only.

Information

Scan QR code for more information



Pro Aloe Daily Shampoo

shampoo

Hydration and conditioning of scalp and hair

The shampoo contains a combination of plant extracts, apple cider vinegar and high-performance active ingredients, restores the pH balance, seals hair cuticles and helps wash hair gently and effectively.

Distinctive product features



How to use

Apply a small amount of shampoo to wet hair, massage it into the scalp, and then rinse. Repeat if necessary. The product is suitable for everyday use.

Information

Scan QR code for more information



Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
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preservative and GMO-free
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optimal strain protection
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umbrella brand
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BPA-free
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concentrated formula
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100% natural ingredients
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lactose-free product
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perfect for cooking
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special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Beauty Care Aloes

micellar fluid

Facial cleansing and makeup removal

The power of aloe vera has created a cleansing micellar fluid that removes makeup and impurities without irritating the skin. DUOLIFE Beauty Care Aloe Vera Micellar Cleansing Water provides a feeling of comfort and works against wrinkles.

Distinctive product features




How to use


Apply the fluid on a cosmetic pad and gently rub the skin of the face, neck and lips. To remove eye makeup, hold a soaked pad on a closed eyelid and rub it towards the eyelashes.


Information


Scan QR code for more information



- 

Simple and natural composition that stimulates the genes of youth to action.
- 

Restores a fresh appearance to the skin (oxygenation).
- 

Effectively removes makeup.
- 

Improves skin elasticity and firmness.



Pro Aloe Shower Gel

Shower gel

Gently cleanses and hydrates the skin of the body

Pro Aloe Shower Gel is a refreshing blend of natural ingredients which, thanks to the OHA Pro 24/7 Nutri-Form™ formula, makes use of the beneficial properties of green tea, oregano, mint, aloe and honey extracts. The shower gel cleanses, refreshes, gives you a sensation of moisturised skin, and helps rebuild the hydrolipidic film.

Distinctive product features




How to use


Moisten your body with water and apply a small amount of the gel on your hands or a bath sponge. Gently massage your skin. After cleansing, rinse the skin with water.


Information


Scan QR code for more information



- 

Helps restore the hydrolipidic film
- 

Hydrates, gently softens and makes the skin more elastic
- 

A citrus floral scent brings the sensation of freshness to the daily bathing ritual
- 

Recommended for all types of skin, including sensitive skin





Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Beauty Care Aloes

hand soap

Improves skin elasticity, eliminates roughness and chapping

Unique product with the properties of balm. It is characterized by a cleansing and refreshing effect, but also intensively caring. A unique mixture of pre-, pro- and postbiotics strengthens the skin microbiome and its immune barrier.

Distinctive product features



How to use

Apply a small amount of soap on damp hands, spread and rinse with water. Suitable for everyday use. It leaves a pleasant scent on the skin.

Information

Scan QR code for more information



- 

94% natural product
- 

Deep sea water rich in useful minerals
- 

3-stage conditioning process
- 

Provides comprehensive hand skin care



Beauty Care Day & Night

toothpastes Set

Fresh breath in the morning, white smile in the night

Day & Night Beauty Care is a revolution in the field of hygiene and oral care. A set adjusted to the biological clock, helps to ensure all-day long protection for the teeth, gums and oral mucosa.

Distinctive product features




How to use


To achieve best effects, brush your teeth with a small amount of toothpaste (pea-size) daily right after waking up (Day toothpaste) and right before sleep (Night toothpaste).


Information

Scan QR code for more information



- 

Up to 98% of the substance of natural origin
- 

2 Step Diamond Effect - 24-hour protection adjusted to the biological clock\*
- 

Safety – effective action without the risk of damaging the tooth enamel thanks to patented ingredients (hydroxyapatite, perlite).



\*Based on properties of the ingredients. See references on page172

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Vita C Body Scrub

Cukrowy peeling do ciała

Revitalises and smoothes the body skin

Sugar scrub with cranberry particles cleanses and gently exfoliates dead skin cells. The scrub revitalises and smoothes, leaving skin silky smooth and soft. Thanks to the emollients and ECF Pro Nutri-Form™ with a complex of vitamins E, C and F found in the recipe, the cosmetic moisturises, nourishes and improves skin elasticity.

Distinctive product features



How to use

Apply the scrub to damp body skin. Massage with circular movements, and then rinse with plenty of warm water. Use once or twice a week.

Information

Scan QR code for more information



The product is composed on the basis of natural oils and a natural abrasive - cranberry seeds



Removes dead skin cells, leaving skin silky smooth and soft



With a pleasant, citrus scent



Pro Vita C Hand Cream

hand cream

Hydrates and soothes the skin of your hands

Thanks to the vitamin ECF Pro Nutri-Form™ formula, this moisturising and hydrating hand cream actively hydrates, soothes, smoothes out and restores the skin your hands. Regular use of Pro Vita C hand cream contributes to the reduction of visibility of the first signs of skin ageing.

Distinctive product features



How to use

Apply a small amount of the cream to the skin. Massage with gentle movements until completely absorbed.

Information

Scan QR code for more information



Research has confirmed the long-lasting moisturising effect



Restores elasticity, improves skin tautness



Reduces early signs of skin ageing and creates an occlusal protective layer



Recommended for all types of skin, including sensitive skin





Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Pro Keratin Hair Complex Shampoo

hair shampoo

Intensive hair repair

It is a recommendation for falling out, dry, damaged hair with split ends and without shine. The preparation composed of 6 active ingredients is an intensive therapy for your hair.

Distinctive product features




How to use


Apply a small amount of shampoo to wet hair, spread over the entire length of the hair and massage into the scalp, then rinse with warm water.


Information


Scan QR code for more information



- 

The elixir composed of 6 active ingredients - an intensive therapy for your hair\*
- 

Reduces hair loss, improves its condition, thickens, smooths and makes your hair shine
- 

Does not weigh down the hair and does not cause silicone build-up
- 

Acidic pH closes the hair cuticle and positively influences its appearance



Pro Keratin Hair Complex Conditioner

hair conditioner

Hair restoration

A revitalising SOS for falling out, dry, damaged hair, with split ends and without shine. The elixir composed of 6 active ingredients, duo-functional in use.

Distinctive product features




How to use


Apply a walnut size portion to damp hair for 1-2 minutes, then rinse thoroughly with water.


Information

Scan QR code for more information



- 

Recommendation for falling out, dry, damaged hair with split ends and without shine
- 

Elixir with 6 active ingredients - an intensive therapy for your hair\*
- 

Dual use: as a mask or conditioner



\*Based on properties of the ingredients. See references on page 172

\*Based on properties of the ingredients. See references on page 172

Key

- 

IHHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Body Care Herbal

Care product with antibacterial properties

Herbal protection of your hands

DUOLIFE Herbal Body Care is a product in the form of hand care gel with antibacterial properties, restricting the spread of pathogenic microorganisms\*, and protective properties, thanks to 5 essential oils and menthol. Stays active for 8 hours and doesn't cause hand dryness.

Distinctive product features




How to use


Apply a thin layer to the skin of your hands and spread thoroughly. Wait until the product is completely absorbed. Do not wash off.


Information


Scan QR code for more information



- 

Antibacterial, restricting the spread of pathogenic microorganisms\*, protective
- 

Effectively protecting up to 8 hours.
- 

Does not require the use of water
- 

Quickly absorbed, dermatologically tested



Cosmetics - how to use:

Pro Collagen Day Cream

Day cream

Apply a small amount of the cream to a cleansed face every morning. Gently pat with fingertips. Wait about 15 minutes until fully absorbed.

Pro Collagen Night Cream

Night cream

Apply the cream during evening care routine, after cleansing the skin. Apply to face, neck, and cleavage.

Beauty Care Collagen

Face serum

Apply 3 to 5 drops to the palm of your hand and spread over the face. Apply in the morning and/or evening. After applying the serum, it is recommended to apply the relevant day or night cream from the collagen line.

Beauty Care Collagen

Face mask

The mask is the final step in evening facial skin care. Apply after having cleansed the skin and applied a toner and serum. Apply to the skin of the face, neck and cleavage, then pat any excess with your fingertips. Leave the mask on overnight. Use 2 times a week or more often depending on your skin's needs.





Scan QR code and  
go to online store



## Functional food

How to prepare for daily challenges?  
By reaching for healthy and functional  
food, which will supply you with the  
necessary dose of energy. Tasty and  
healthy Hi5! products are the best choice  
for breakfast and a snack during the day -  
perfect for 7 days a week. With Hi5! your  
challenges are simpler and objectives  
achievable. 100% natural food without  
added sugar enriched with Polish honey  
and full grain - it is a guarantee of health  
and full effectiveness of the body.



## Why Hi5! food?



**Functional food**



**Fruit and vegetables**



**Lyophilized ingredients**



**Natural ingredients**



**Grain, nuts and honey**



**We support bees**





Key

- 

IHP™ fixation
- 

concentrated formula
- 

proprietary formula
- 

free of any corrosive substances or aggressive chemicals
- 

gluten-free
- 

resistance during passage through the digestive tract
- 

powered by the nature
- 

preservative and GMO-free
- 

optimal strain protection
- 

umbrella brand
- 

BPA-free
- 

concentrated formula
- 

100% natural ingredients
- 

lactose-free product
- 

perfect for cooking
- 

special glass bottle for pharmaceutical purposes
- 

no added sugar
- 

the product contains only natural colourants
- 

source of fibre and full grain
- 

handmade
- 

product for vegans and vegetarians
- 

environmentally sound
- 

safe for the skin
- 

high bioavailability
- 

lutein to zeaxanthin ratio: 5:1
- 

clinically tested ingredients
- 

convenient form of sachets

Hi5! beeCrunchy

Complete and properly balanced breakfast

Hi5! beeCrunchy is 100% natural, carefully selected mix of fruit, vegetables and full grains, without added sugar. It is a high source of fibre and gains, but above all - a unique meal for each of the 7 days of the week.

Distinctive product features



Použití:

Packaging 300g (7 servings)

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

- 

High content of fibre
- 

49% whole grain
- 

No added sugar
- 

13 ingredients



Hi5! beeSnap

All of the good in the snack for every day

Hi5! beeSnap is a functional response to daily challenges. Handmade, 100% natural, with Polish honey, tastes excellent and has perfect properties. With Hi5! you'll never lack energy for action!

Distinctive product features



Použití:

Collective packaging 14 x 45 g (2 x7 types of functional bars)

Information

Scan QR code for more information



Product prices to be checked on DUOLIFE.eu or after scanning the QR code.

- 

Simple, high-quality composition
- 

No artificial additives
- 

Local product: from the Polish honey, handmade in the Polish company
- 

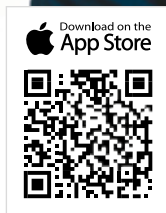
A good snack for every time of the day













## DUOLIFE Messages

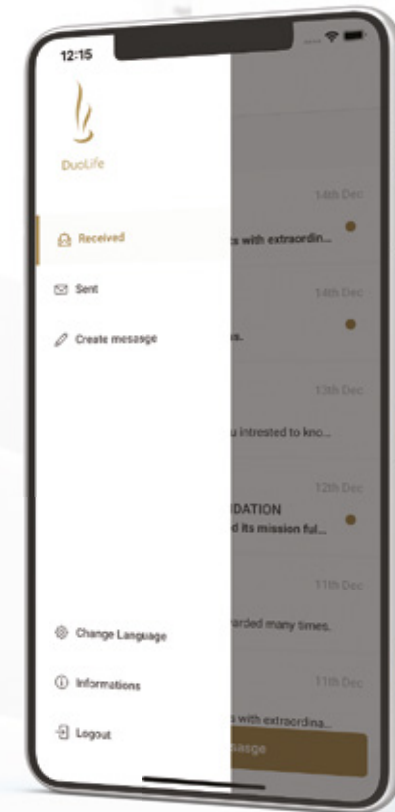
DUOLIFE Messages is a modern, intuitive, and easy-to-use communication and business tool. It keeps you up to date with the latest DUOLIFE information.



## What information does the application provide?

-  Current special offers
-  Planned training courses
-  Planned events
-  Important reminders and alerts
-  Virtual Wallet operations
-  Implementations
-  Number of new Club Members in your team
-  Novelties

You log into the app in the same way as to MyDUOLIFE.com.



## Virtual Presenter

The Virtual Presenter is a system that is a business breakthrough in developing activities within the DUOLIFE Club. This is an absolute novelty providing great profits that will result in measurable effects, not only in business, but also personal development and health.

Scan QR code for more information



## How does it work?



This is one of few systems in the world that does over 80% of work for the user.



The system guides you from the very beginning and shows you step by step what you need to do to achieve your goals, regardless of your place in your career structure.



The system will help you manage time - it has a built-in panel of activities that you plan as part of the calendar, and you will receive a system reminder about them in due time.



Virtual Presenter is also fitted with a tool for effective team management, which can be used with a computer, tablet or smartphone. The tool provides insight into the activities of people in your structure and verification of the steps they have taken within the system! This will optimize the time and activities you need to perform to support your team.



Virtual Presenter provides precise information on how to use the DUOLIFE account. The system also explains how to register a new Candidate, how to withdraw money etc.



It also has a recruitment and verification option, which allows encouraging people to join your business by sending a referral link. All you have to do is send a message with a ready invitation to a potential Candidate!



Education in the system is really simple and pleasant. You do not need to analyze hundreds of pages of text. Acquiring knowledge mainly involves watching video material.





## Today for Tomorrow International Convention

Today for Tomorrow | International Convention is an extraordinary cyclical event traditionally taking place in Arena Gliwice. By participating in it, you have a unique chance to get to know the magical power of DUOLIFE! On the TFT stage will appear Co-Founders of DUOLIFE, outstanding Experts, and above all, Directors of DUOLIFE Club!

TFT is also a great opportunity to enlarge its structures with new Club Members. The event perfectly shows the transparency of DUOLIFE, how we operate and what values we share.

During TFT events:

- ▶ You will learn how to create a sustainable tomorrow by building a business around DUOLIFE's products and Compensation Plan;
- ▶ You will meet the DUOLIFE Club Leaders who are the driving force behind our company;
- ▶ You will get the best solutions and business tool to work in the on-line system;
- ▶ You will feel the value of being part of the DUOLIFE Community.

See the  
report:







## Leadership Development Seminars

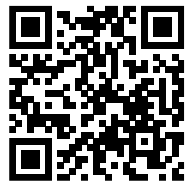
Leadership Development Seminars is the new quality! This unique program has been created thinking about those who want to consciously improve their qualifications and aim for a specific objective. LDS is an event prepared for almost 14 weeks, based on the experience and knowledge of an amazing team of experts. Three-day seminars held every quarter are among the most important items in the timetable of each true Leader and persons for whom constant development is one of the most important values.

During LDS events, you will:

- ▶ gain knowledge and tools from practitioners;
- ▶ learn to communicate better with people close to you;
- ▶ learn to build long-lasting, strong relations;
- ▶ know your strengths and weaknesses;
- ▶ learn to use your strengths in the best possible way;
- ▶ build your self-confidence;
- ▶ learn to manage your emotions.

*\*Each LDS is thematic, and you can gain the above knowledge throughout the whole series of trainings.*

See the report:



## Business Development Seminars

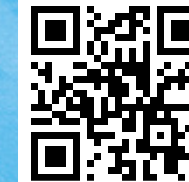
Business Development Seminars are monthly meetings held across Poland, which regularly gather several hundred people who decide to consciously start their path leading to a real success right now. BDS is an all-day seminar that allows meeting experts in health, personal development and business.

During BDS events:

- ▶ you will learn about modern business trends;
- ▶ you will learn about a ready business plan;
- ▶ you will learn about passive income;
- ▶ we will show you how to apply a time leverage in your life;
- ▶ you will learn how to work less and earn more.

*\*Each BDS is thematic, and you can gain the above knowledge throughout the whole series of trainings.*

Buy tickets:





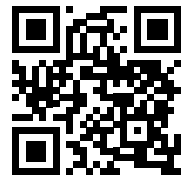
# DUOLIFE GO UP

## DUOLIFE GoUP

**#DUOLIFEGoUP** idea involves continual growth, marching toward success and reaching ever higher heights. The key to understanding it is the slogan: **"Don't compete with anyone but yourself!"** We want to reach higher, look further, see more and achieve more, so let's take on the **#DUOLIFEGoUP** challenge together!

Make your dreams come true and join the best! Along with the **#DUOLIFEGoUP** idea, we would like to invite you to participate in an elite club – the **DUOLIFE President's Club!** Grow your business and earn the ultimate prize – a **DUOLIFE President's Club** pin with 4 zirconias for growing in 4 consecutive quarters!

You will find more information about DUOLIFE GoUP here:



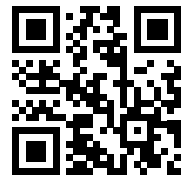


DUOLIFE ———  ———  
FOUNDERS CLUB

## DUOLIFE Founders Club

DUOLIFE Founders Club is a motivational program for TOP DUOLIFE Club Leaders (in the position of Regional Manager or higher) where you can win an exclusive cruise with DUOLIFE Co-founders on DUOLIFE Yacht catamaran (plus ones included). A number of attractions, unique atmosphere and many surprises await the participants. The project has a global character, thanks to which Top DUOLIFE Club Leaders from all over the world can participate!

You will find more information about this year's DUOLIFE Founders Club in the information brochure:





DUOLIFE YACHT  
LUXURY CATAMARAN

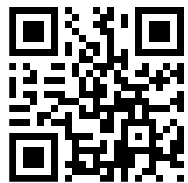
## DUOLIFE Yacht

DUOLIFE Yacht is one of the most luxurious, 19-metre sailing catamarans in their class (62 feet).

The yacht is dedicated for 10 guests and 3-person crew who will take care about their comfort during weekly cruises around the most beautiful regions of the Carribbean and Greece. An exception is one-day cruises for even 30 guests.

The design of DUOLIFE Yacht has been enriched with Essense version, thanks to which it gained black framing of windows, mast, boom and the roof of the second deck. A gentle grey colour of the sideboards emphasises impressive easthetics of the catamaran, which distinguishes it from less luxurious vessels.

Scan QR code for  
more information



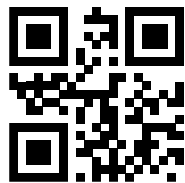




## WHLF Foundation

The Foundation was established in 2015 at the initiative of Bartosz Królikowski, Piotr Pacyga, Norbert Janeczek and Łukasz Godyń. The idea that the Founders had was to create an organisation which actively supports actions aiming to improve the society's health, promote active lifestyle and change the surrounding reality to the one that is favourable to people who care about their dreams and health.

Scan QR code for  
more information



## European Social Campaign 'I Live Consciously'

European Social Campaign 'I Live Consciously' is a movement followed by World Healthy Living Foundation with active participation of specialists from different fields. The objective of the Campaign is to share knowledge, social education, promote conscious lifestyle and seeking optimum solutions which are in harmony with nature, through a holistic approach to human life.



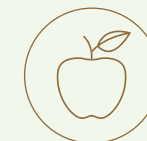
## 5S strategy

**5S Strategy** stands for care about general condition of the body through pursuing 5 basic elements of our life. These elements are: Conscious nutrition, Physical fitness, Supplementation, Effective detoxification of the body and Stress Management, i.e. working with your mind.



## Healthy Day

**Healthy Day** is a series of unique events organised by World Healthy Living Foundation. The events gather enthusiasts of healthy lifestyle and promote caring about the health, appropriate nutrition as well as keeping fit, in a responsible way and supported by experts of the Social Campaign 'I Live Consciously'.



## Healthy Life Clubs

World Healthy Living Foundation is a patron of the social initiative '**Healthy Life Clubs**'. Under the initiative, local communities across Poland organise meetings in the form of lectures and practical classes which are dedicated to responsible lifestyle.







## Help Furaha Foundation

Help Furaha Foundation is an organisation supporting the work of Furaha Day Centre in Kenya ([furahacentre.org](http://furahacentre.org)), which runs Day Care Centre for children with cerabral palsy, autism and Down Syndrome.

Furaha Centre offers professional day care, games, meals, sensoric integration therapy and activity-based therapy. Furaha Day Centre operates thanks to donations which support implementation of day care programs.

Scan QR code for more information



## Project 'Give me a hand'

Donate 100 PLN / month to finance monthly rehabilitation of a chosen child from Help Furaha Foundation Meru, Kenya.

**PLN: Bank ING 96 1050 1445 1000 0090 3179 6551**  
**EUR: Bank ING 96 1050 1445 1000 0090 3179 6569**  
**USD: Bank ING 83 1050 1445 1000 0090 8056 3050**



## Project 'Buy the Land'

The project objective is to buy a plot of land for Help Furaha Foundation in Meru, Kenya, where a modern rehabilitation centre will be constructed. 'Buy the Land' is an extremely important project from a social point of view.

**PLN: Bank ING 73 1050 1445 1000 0090 3179 6577**  
**EUR: Bank ING 95 1050 1445 1000 0090 3179 6569**  
**USD: Bank ING 83 1050 1445 1000 0090 8056 3050**



## 'Project 'Build the Furaha Centre'

Help us build together a rehabilitation centre for children with autism and cerebral palsy in Kenya.

**PLN: Bank ING 96 1050 1445 1000 0090 3179 6551**  
**EUR: Bank ING 95 1050 1445 1000 0090 3179 6569**  
**USD: Bank ING 83 1050 1445 1000 0090 8056 3050**

**BIC SWIFT Code: INGPLPW**

**Please make a payment with an annotation for which project the payment is.**



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\*Data concerning micro- and macro-elements included here are based on the approximated content presented by the United States of Agriculture Agricultural Research Service National Nutrient Database for Standard Reference Release 28 and published resources available from the US National Library of Medicine - National Institutes of Health.

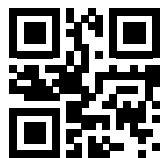


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