



DuoLife pack **Energy**



i Recommended use of the food supplements from the pack **Energy**:

In the morning: DuoLife Day - 25 ml with meal,
DuoLife My Blood - 25-50 ml after meal,
DuoLife RegenOil Liquid Gold®- 5ml (can be taken at dinner time),
DuoLife Vita C - 25-50 ml.

In the evening: DuoLife Night - 25 ml with meal,
DuoLife Aloes - 25-50 ml,
DuoLife Chlorofil - 10 – 20 ml at dinner time or throughout the day dissolved in a bottle of water.

i The functional pack contains

DuoLife Aloes,
DuoLife Vita C,
DuoLife Chlorofil,

DuoLife Day and Night,
DuoLife RegenOil Liquid Gold®,
DuoLife My Blood.