



DuoLife pack

Sugar Metabolism



Recommended use of the food supplements from the pack Sugar Metabolis:

In the morning: DuoLife Medical Formula ProSugar® - 1-2 capsules,
DuoLife RegenOil Liquid Gold® - 5 ml (can be added to DuoLife SHAPE CODE® Slim Shake at lunch time or added to dinner),

During lunch: SHAPE CODE® Slim Shake - 1 shake,
DuoLife Fiber Powder - 1 sachet added to DuoLife SHAPE CODE® Slim Shake.

During dinner: DuoLife Fiber Powder - 1 sachet half an hour before lunch, take with plenty of water or another liquid or add directly to your meal,
DuoLife Medical Formula ProCardiol® - 1-2 capsules daily.

In the evening: DuoLife Aloes - 25-50 ml,
DuoLife My Gastrin - 25-50ml before or after supper.

The functional pack contains

DuoLife Medical Formula ProCardiol®,
DuoLife Medical Formula ProSugar®,
SHAPE CODE® Slim Shake,
DuoLife RegenOil Liquid Gold®,

DuoLife Fiber Powder,
DuoLife My Gastrin,
DuoLife Aloes.