



DuoLife pack **Digestion**



i Recommended use of the food supplements from the pack **Digestion**:

In the morning: DuoLife My Gastrin - 25 ml in the morning and at dinner time, before or after meals, or 50 ml one time before or after the main meal,
DuoLife Medical Formula ProDeacid® - 1-2 capsules at least one hour after breakfast*.

During dinner: DuoLife Fiber Powder - 1 sachet one hour before dinner or added to dinner (such as soup). Remember to take it with water or other liquid,
DuoLife Clinical Formula ProBactilardii® - 1 capsule from each container one hour after dinner.

In the evening: DuoLife Fiber - 25-50 ml with supper,
DuoLife Aloes - 25-50 ml,
DuoLife Medical Formula ProSelect® - 1-2 capsules.

We recommend to wait about 4h between the doses of ProDeacid® and other food supplements or medications.

i The functional pack contains

DuoLife My Gastrin,
DuoLife Aloes,
DuoLife Fiber,
DuoLife Fiber Powder,

DuoLife Medical Formula ProSelect®,
DuoLife Medical Formula ProDeacid®,
DuoLife Clinical Formula ProBactilardii®.